



Next steps: Using your experiences for medical school applications

How has your experience influenced your future career plans and aspirations?

Why do you want to study Medicine?

If your answer to the previous question is that you wish to pursue medicine and apply to medical school, then it is worthwhile considering your answer to this question.

This can be a very challenging question. Using the contents of your diary consider what you witnessed, what you did and didn't enjoy, how it made you feel and how this contributes to answering this question.

A large, empty rectangular box with a thin orange border, intended for the user to write their response to the question 'Why do you want to study Medicine?'.

Top tip...

Personal statement and interview preparation

This diary should provide information, reflections and examples which you can use and elaborate upon within your personal statement and help you to prepare thorough, specific and relevant answers for interview.

Advice and guidance about preparing for medical school applications can be found on the Medical Schools Council webpages: [medschools.ac.uk](https://www.medschools.ac.uk)



Next steps...

Listen to podcasts and read articles

An easy way to increase your understanding of healthcare issues is by downloading or listening online to relevant podcasts or by regularly reading a variety of articles. The NHS have a variety to choose from, each with different themes.

Podcast examples:

- Talk Medicine by the British Medical Journal.
- BBC Inside Health.

Articulate

Practise describing, slowly, and thoroughly the experiences you have written about in this diary to your friends and family. Also discuss with them the healthcare issues you have witnessed, listened to and read about. Being able to speak fluently and confidently will be useful for medical school applications, particularly at interview, but remember it takes plenty of practice!