**Masterclass 5: List of resources**

This list provides additional reading for each module as well as a full list of references associated with the Carers Support Need Assessment Tool (CSNAT) intervention.

**Module 1**

Daffodil Standards on Carer Support

<https://www.rcgp.org.uk/clinical-and-research/resources/a-to-z-clinical-resources/daffodil-standards/the-daffodil-standards/standard-3-carer-support-before-and-after-death.aspx>

End of Life Carer Strategy 2008

<https://www.gov.uk/government/publications/end-of-life-care-strategy-promoting-high-quality-care-for-adults-at-the-end-of-their-life>

Care Act 2014: Carers UK information for professionals regarding carers

<https://www.carersuk.org/for-professionals/policy/policy-library/care-act-2014>

Note that Care Act 2014 statutory assessment mainly covers carers’ support needs as ‘‘clients’, rather than their needs as “co-workers” in supporting the patient.

Ambitions for Palliative and End of Life Care 2015-2020

<http://endoflifecareambitions.org.uk/>

Rowland, C., Hanratty, B., Pilling, M., van den Berg, B. & Grande, G (2017). The contributions of family care-giving at end-of-life: a national post-bereavement census survey of cancer carers’ hours of care and expenditures. Palliative Medicine; 31(4): 346-355.

<https://journals.sagepub.com/doi/full/10.1177/0269216317690479>

Grande G, Rowland R, van den Berg B, Hanratty B (2018). Psychological morbidity and general health among family caregivers during end of life cancer care: a retrospective census survey. *Palliative Medicine; 32 (10): 1605-1614*.

<https://journals.sagepub.com/doi/full/10.1177/0269216318793286>

Ewing G, Grande GE. Development of a Carer Support Needs Assessment Tool (CSNAT) for end of life care practice at home: a qualitative study. Palliat Med 2013; 27: 244-256.

<https://journals.sagepub.com/doi/full/10.1177/0269216312440607>

**Module 2**

Ewing G and Grande GE. Providing comprehensive, person-centred assessment and support for family carers towards the end of life: 10 recommendations for achieving organisational change. London: Hospice UK, 2018. <https://www.hospiceuk.org/docs/default-source/What-We-Offer/Care-Support-Programmes/Research/carers-report---10-recommendations-for-achieving-organisational-change_final.pdf?sfvrsn=0>. Last accessed 08/01/20.

RCGP (2013) Supporting Carers in General Practice. Summary report on GP practice journeys towards improved carer identification and support.

NHS England (2016). An integrated approach to identifying and assessing Carer health and wellbeing. <https://www.england.nhs.uk/wp-content/uploads/2016/05/identifying-assessing-carer-hlth-wellbeing.pdf>

Macmillan (undated). Supporting carers of people with cancer. Practical guidance for healthcare professionals. <https://www.macmillan.org.uk/documents/getinvolved/campaigns/carers/supportingcarersofpeoplewithcancer.pdf>. Last accessed 08/01/20

Marie Curie (2019) Taking Care. Guide for professionals. Online video library for carers. <https://takingcare.org.uk/>

Carers Trust (undated). Top tips in carer identification. What carer-friendly practices do to find out which of their patients look after someone who relies on their support. Downloaded 18/10/19.

**Module 3**

NHS England (2019) Supporting carers in general practice: a framework of quality markers. <https://www.england.nhs.uk/publication/supporting-carers-in-general-practice-a-framework-of-quality-markers/>. Last downloaded on 08/1/20.

Macmillan (undated): Primary Care 10 Top Tips. Supporting carers of people living with cancer. <https://www.macmillan.org.uk/documents/aboutus/health_professionals/primarycare/10toptips-supportingcarersofpeoplelivingwithcancer.pdf>. Last accessed 08/01/20.

Carers Federation (2016). Good Practice Guidelines – Carers Champions.

<https://www.carersfederation.co.uk/wp-content/uploads/2016/12/Good-Practice-Guidelines-%E2%80%93-Carers-Champions-Dec.-2016.pdf>. Last accessed 08/01/20.

RCGP SMART goals for each Daffodil Standard. <https://www.rcgp.org.uk/-/media/Files/CIRC/Daffodil-Standards/September-update-2019/Daffodil-Standards-PCN-pack-September-2019.ashx?la=en>. Last accessed 08/01/20.

**Module 4**

Health Foundation 2014 publication on Person Centred Care

<https://www.health.org.uk/publications/person-centred-care-made-simple>

Person Centred Resource Centre website:

<https://improve.bmj.com/person-centred-care-2/>

NHS England comprehensive model of personalised care:

<https://www.england.nhs.uk/personalisedcare/comprehensive-model-of-personalised-care/>

A video to learn more about how the CSNAT is used within a person centred (or carer centred) process of assessment and support can be found at

<http://CSNAT.org>

Summary of the Carer Support Needs Assessment Tool Intervention stages:

<http://csnat.org/files/2018/08/The-CSNAT-Approach_June-2018.pdf>

A more detailed overview of the Carer Support Needs Assessment Tool Intervention stages:

Ewing G, Austin L, Diffin J, Grande G (2015). Developing a person-centred approach to carer assessment and support. British Journal of Community Nursing; 20(12): 580-584.

<https://www.magonlinelibrary.com/doi/full/10.12968/bjcn.2015.20.12.580>

Examples of the different types of support carers may require within general domains of support need from the CSNAT Intervention Training and Implementation Toolkit:

<https://www.arc-gm.nihr.ac.uk/media/Resources/CSNAT%20Documents/Module%201/LU1_1.5%20examples%20of%20support%20needs_topic%201.5.pdf>

Overview of the CSNAT intervention Training and Implementation Toolkit:

<http://csnat.org/files/2018/09/Overview-of-training-package-March-2019.pdf>

Access to CSNAT Intervention online training and tips about preparing for training

[**http://csnat.org/online-training**](http://csnat.org/online-training/)

**Papers on the development, validation and implementation of the CSNAT intervention in practice**

Ewing G, Grande GE. Development of a Carer Support Needs Assessment Tool (CSNAT) for end of life care practice at home: a qualitative study. Palliat Med 2013; 27: 244-256.

Ewing G, Brundle C, Payne S, Grande G. The Carer Support Needs Assessment Tool (CSNAT) for Use in Palliative and End-of-life Care at Home: A Validation Study. J Pain Symptom Manage 2013: 46: 395-405.

Ewing G, Austin L, Diffin J, Grande G (2015). Developing a person-centred approach to carer assessment and support. British Journal of Community Nursing; 20(12): 580-584.

Aoun SM, Grande G, Howting D, Deas K, Toye C, Troeung L Stajduhar K Ewing G. The Impact of the Carer Support Needs Assessment Tool (CSNAT) in Community Palliative Care Using a Stepped Wedge Cluster Trial. *PLoS One* 2015; 10(4):e0123012.

Aoun S, Toye C, Deas K, Howting D, Ewing G, Grande G et al. Enabling a family caregiver-led assessment of support needs in home-based palliative care: Potential translation into practice. Palliat Med 2015, Vol. 29(10) 929 – 938.

Aoun S, Deas K, Toye C, Ewing G, Grande G, Stajduhar K. Supporting family caregivers to identify their own needs in end-of-life care: Qualitative findings from a stepped wedge cluster trial. Palliat Med 2015, Vol. 29(6) 508–517

Ewing G, Austin L and Grande G. The role of the Carer Support Needs Assessment Tool (CSNAT) in palliative home care: qualitative study of practitioners’ perspectives of its impact and mechanisms of action. Palliat Med. 2016 Apr;30(4):392-400.

Grande GE, Austin L, Ewing G, O'Leary N, Roberts C. Assessing the impact of a Carer Support Needs Assessment Tool (CSNAT) intervention in palliative home care: a stepped wedge cluster trial. BMJ Supportive & Palliative Care 2017: 7 (3): 326-334. doi: 10.1136/bmjspcare-2014-000829. Epub 2015 Dec 30.

Austin L, Ewing G, Grande G (2017) Factors influencing practitioner adoption of carer-led assessment in palliative homecare: A qualitative study of the use of the Carer Support Needs Assessment Tool (CSNAT). PLoS ONE 12(6): e0179287. <https://doi.org/10.1371/journal.pone.0179287>

Aoun SM, Ewing G, Grande G, Toye C, Bear N. [The impact of supporting family caregivers pre-bereavement on outcomes post-bereavement: Adequacy of end of life support and achievement of preferred place of death](https://libsta28.lib.cam.ac.uk:2285/science/article/pii/S0885392417305262). J Pain Symptom Manage. 2018 Feb;55(2):368-378. doi: 10.1016/j.jpainsymman.2017.09.023. Epub 2017 Oct 10

Diffin J, Ewing G, Grande G. Facilitating successful implementation of a person-centred intervention to support family carers within palliative care: a qualitative study of the Carer Support Needs Assessment Tool (CSNAT) intervention. BMC Palliative Care 2018: 17; 129. [https://rdcu.be/bd2EQ](http://em.rdcu.be/wf/click?upn=lMZy1lernSJ7apc5DgYM8S3PqCWgKMd7YJYwKEmn-2F0I-3D_jhpC1kAC48BKXGN-2BwJRDbdzCF0ybzU3BnxvqByM9TcsJRJqX15Fmtbj3C6PDKiGCtRSHjsQlstEmDeVKuid8yrsimvu3gw1pV9JOWCP-2BRYtjfPp1PRPJsmKDIKiHJxRQusOq2iuoGcmXHaV62MfDle1tBL8BXSl5M8zb2bJiF3tLcsKc-2B5nYRcoP6lsDwD-2BK2fs1xQQvb-2BXy-2FSeDnBlDsUPklTXCHwL8p88Gi2HN-2F-2Fecdpa38-2BQFhO863NB-2FhUuN51HUHfP-2F7sudWPyn-2FqGFtQ-3D-3D)

Diffin J, Ewing G, Grande G. The influence of context and practitioner attitudes on implementation of person-centred assessment and support for family carers within palliative care. Worldviews on Evidence-Based Nursing, 2018; 15:5, 377–385.