

Royal College of General Practitioners

UK Family Medicine Study Tours

The RCGP has developed UK family medicine study tours to offer international family medicine practitioners the opportunity to experience UK primary care in an NHS setting.

Delivered as a stand-alone product or as a package alongside 'Introduction to Training the Trainers' or 'RCGP Masterclasses', participants will be attached to a UK family medicine practice in an observational capacity for a period of 2-3 weeks.

During the observational attachment participants will spend time with various members of the UK primary healthcare (PHC) team to understand how the inter-professional and complementary workforce come together to provide an unparalleled primary healthcare service.

Structure

During the placement, learning will be delivered through a combination of direct observations, as well as discussions with the PHC team at your family medicine training practice. Participants will be encouraged to have an active engagement in some consultations, staff/management meetings and will conduct patient visits with members of the PHC team.

Aims

- » Promote family medicine as a speciality.
- » Expose international family medicine practitioners to an operational UK family medicine training practice.
- » Provide practical insight and experiences relative to other RCGP training and development programmes (when used in conjunction with other RCGP training and development programmes).

Learning outcomes

- » Describe the roles, responsibilities and training of the regular members of the UK PHC team: GP, practice and district nurse, practice manager, healthcare assistant and receptionist.
- » Understand the concept of team work and interprofessional care in practice.
- » Understand how clinical and non-clinical members of the PHC team are trained.
- » Critically assess the nature of doctor/patient relationships within the context of continuity of care.
- » Understand how patient centred care is delivered in practice.
- » Appreciate the scope of primary care management of chronic illnesses.
- » Understand the types of services typically available to patients in UK general practice.
- » Describe the process of referral from primary to secondary care.
- » Understand the structure and function of the lifelong NHS patient record.
- » Describe the structure and function of the practicebased clinical computer system.
- » Understand the systems in place for clinical governance/audit/continuing quality improvement.
- » Understand the basic contractual framework and funding arrangements for UK primary care.



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Example outline programme

The programme is not prescriptive. The makeup of your stay will be determined by your host family medicine training practice and their existing rotas. As a guide, this example three-week programme illustrates how your time might be spent:

Week 1	АМ	РМ
Day 1	Introduction	Personal preparation
Day 2	Practice manager	GP
Day 3	Nurse practitioner	GP
Day 4	Healthcare assistant	Midwifes
Day 5	Management meeting	Review of the week/self directed learning
Week 2	AM	РМ
Day 6	District nurse	GP
Day 7	Pharmacy	Baby clinic
Day 8	Trainee GP ST3	Nurse practitioner
Day 9	GP	Healthcare assistant
Day 10	Management meeting	Review of the week/self directed learning
Week 3	AM	РМ
Day 11	Trainee GP ST2	Staff meeting
Day 12	Reception	Research
Day 13	GP	Healthcare assistant
Day 14	Nurse practitioner	GP
Day 15	Management meeting	Review of the week/self directed learning

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