



Frome
Medical Practice
SUPPORTING YOUR HEALTH

Frome Medical Practice
Frome Medical Centre
Enos Way
Frome
Somerset
BA11 2FH

8 January 2018

Ref: HUB/507488

Ms Patient Test
2 Patient Street
Frome
Somerset
BA11 2FH

Tel: 01373 301300

Fax: 01373 301313

Website: www.fromemedicalpractice.co.uk

Email: somccg.frome.general@nhs.net

Dear Ms Test

Frome Medical Practice has a *Care Planning Service* to help people get the most out of their lives and to help them with good health and well-being. We are inviting you to use this service.

What are the benefits of being part of the Care Planning Service?

- We will work with you to create your personalised care plan. Your **care plan** will clearly show your wishes and ideas about how you want to live your life. We will listen to you to find out what is important to you. It will help us to understand you better. It will also contain essential information about your wishes for medical care if you were to become unwell, so that we all understand in advance. The care plan will become part of your patient record and can be seen by the health professionals at the practice.
- A **Nurse Practitioner** will discuss and create your care plan with you.
- You can also speak to a **Health Connector** who is not a clinician but is trained to listen to you and find out what is important with regards to your general wellbeing. By linking in with other resources in the community, the Health Connectors have great skill in supporting people to manage their health.
- The service includes a special telephone number to **The Hub** so that you can get clinical and practical advice quickly about any aspect of your care. **This is: 07517 863 938**

Your registered doctor, Dr Tom Cahill, will continue to have overall responsibility for your care, but this is an extra service that we hope will be of support in helping you manage your Health and Well-Being.

After your first appointment, you will be sent **your care plan** so you can keep it to share with your relatives, carers and health professionals. This is a useful document to stay with you and should

travel with you if you need to go to hospital. Please let us know if you need a new copy at any time.

What to do next?

Please fill in the short questionnaire and then call our coordinator on **07517 863 938** between 9.00am and 5.00pm. Our coordinator will make an appointment with you to create your care plan. Please bring the questionnaire to your first Care Planning appointment.

We look forward to hearing from you soon,

Yours sincerely

On behalf of The Care Plan Coordinating Hub

GPs: Helen Kingston, Chris Wilson

Nurses: Johanna Trickett, Jude Curtis, Julia DiCastiglione

HCA's: Emma Oakes, Emma Yeo

Admin: Yvette Mangum, Diane Connell, Leigh Kempshall

Ms Patient Nine Test (01-Jan-1945) - Frome Medical Practice

Your Health

- 1) Do you have any health concerns? If so, what are your concerns?
- 2) What are your views on medication – for example, are you happy to take any tablets that your doctor advises? Do you know what all your medications do?

Your Support

- 3) Do you have any family, friends or neighbours who support you at present – if so; would you let us know their names for our records?

Name and relationship	Contact details	Type of support eg shopping, driving, care.

- 4) Do you have any other support – for example, other carers from an agency, or home helps?
- 5) Do you feel you would like more support?
- 6) Sometimes people do not wish to be resuscitated if they become unwell, what are your thoughts and wishes?
- 7) Do you make all your own decisions about healthcare, or do you have a family member or friend who helps you? If someone else helps you, please can you give us their details?

Name and relationship	Contact details

8) For our records, who is your next of kin?

Name and relationship	Contact details

Your Health and Wellbeing

9) What do you do at the moment to maintain your health? For example eating well and regular exercise.

10) Are there any things that you would like to do to help you live a healthy life?

11) There are a lot of groups and services in the community. Are there any groups or services that you would like to be linked to? For example: Health Walks, befriending service, lunch clubs, social groups, community transport etc.

12) Is there anything else you would like us to know?