**Trainee prescribing reflection form**

**GP Prescribing Proficiencies**

All prescribing GPs are expected to demonstrate the following, across people of all ages which includes extremes of age, for example babies, children and older people with frailty (based on the GMC GPCs 2017):

1. Assesses the risks and benefits including those posed by other medications and medical conditions, reducing polypharmacy where possible.
2. Identifies when prescribing unlicensed medicines and informs patients appropriately.
3. Adheres to national or local guidelines (including recommendations for over the counter prescribing (OTC) and evidence-based medicine.
4. Uses antimicrobials appropriately.
5. Counsels patients appropriately including giving instructions for taking medicines safety in line with up to date literature.
6. Reviews and monitors effects including blood testing at appropriate intervals.

**Prescribing trainee assessment reflection**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Number ofPrescriptions | Prescribing error | Suboptimal prescribing |
| Number scripts reviewed |  |  |  |
| “Right Drug” |  |  |  |
| “Right Dose” |  |  |  |
| “Right Dose Instructions” |  |  |  |
| “Right Follow Up” |  |  |  |
| “Right Documentation” |  |  |  |
| “Right Review” |  |  |  |
| OTC |  |  |  |
| **Total of all errors/suboptimal** |  |  |  |

I confirm that I have completed a review of 50 of my prescriptions in line with the RCGP WPBA prescribing assessment guidelines and have attached my anonymised spread sheet of results to this log\*

Reflect with reference to the GP Prescribing Proficiencies outlined above.

What do you plan to maintain with regard to your prescribing?\**[Reflect on what you are doing well]*

What do you plan to improve with regard to your prescribing?\*  *[Consider how to improve your suboptimal prescribing]*

What do you plan to stop with regard to your prescribing?\* *[Comment on any significant errors]*

Which of the GP prescribing skills listed above have you not covered (if any) in this assessment? How will you address these?\*

Using your reflections above complete the following PDP(s):\* [creates a mandatory draft PDP entry which trainer will review]

* Learning Objectives:
* Target Date:
* Action plan:
* How will I know when it is achieved?:

[Request generation of second PDP as required]