Carers Trust
Carers Trust works to improve support, services and recognition for anyone living with the challenges of caring, unpaid, for a family member or friend who is ill, frail, disabled or has mental health or addiction problems. Together with its Network Partners comprising carers centres and Crossroads schemes, it aims to ensure that information, advice and practical support are available to all carers across the UK. For a number of years, Carers Trust has worked in partnership with the Royal College of GPs (and more recently Carers UK) to increase support for carers in general practices. At the same time, many carers centres and Crossroads schemes within the Carers Trust network liaise with GP practices to increase carer identification, referral and support at a local level. To find out if a GP liaison service is available from a carers centre or Crossroads scheme in your own locality, please email: primarycare@carers.org

Carers UK
Carers UK is a charity set up to help the millions of people who care for family or friends. We provide information and advice about caring alongside practical and emotional support for carers. Carers UK also campaigns to make life better for carers and influences policy makers, employers and service providers, to help them improve carers’ lives. Carers UK’s team of volunteer Carer Ambassadors collaborate with local health and social care organisations and the voluntary sector to complement and support local strategies and actions plans aimed at improving the identification and support of carers by GP practices. They undergo an interview and training before beginning their roles and contribute around 1 day per week of their time. Carer Ambassadors can be catalysts for change in their local communities, bringing people together, representing and speaking up for other carers and contributing to the improvement of services. Contact carer ambassadors