

## DECLARATION OF INTERESTS FORM (INCLUDING CONFLICTS OF INTEREST)

Everyone who holds a position of responsibility in the College, from a Trustee to a colleague in a position as a representative or acting on behalf of the College in whatever capacity, has a duty to act in its best interests.

The College is a charity bound by its charitable objectives 'to encourage, foster and maintain the highest possible standards in general medical practice'. Competing interests are common in charities and amongst clinical practitioners who have positions in their communities and portfolio careers.

Having a competing interest or a conflict of interest does not mean you have done something wrong, however, you need to act to prevent this from interfering with your ability to decide in the best interests of the College, if applicable, or else to ensure reputational damage does not occur. This will ensure proper transparency and eliminate potential hidden bias. According to the RCGP's policy on declaration of interests, you are required to fill in this form fully and truthfully. Cases where interests are not identified, declared, or managed appropriately and effectively are referred to as "breaches" of the policy and will be investigated. If such investigations establish wrong-doing or fault then the organisation can and will consider the range of possible sanctions that are available including disciplinary action, termination of role, withdrawal of RCGP membership and/or reporting to GMC.

|  |   |
|--|---|
| <b>Name</b> Heather Ryan   |   |
| <b>RCGP Representative roles</b><br><br>Please describe your college role here:<br><br>Member Trustee  |   |
| <b>I wish to register the following interests:</b>   |   |
| <b>Financial interests</b>   |   |
|  | <b>List all and explain potential conflict (if applicable)</b>  |
| <b>Remunerated office or employment:</b> Please list below any current salaried / partner / locum / OOH GP paid roles you have and any other medical/non-medical office or employment e.g. educator, appraiser, clinical commissioner etc. | <p>4 sessions a week by Mersey Care NHS Foundation Trust, as a GP in a secure mental health unit. (I am currently on sick leave from this role due to harassment from a patient with subsequent police involvement.)</p> <p>1 session a week as a Primary Care Medical Educator, facilitating half-day release teaching for GP trainees. I am employed by Health Education England,</p> |

|  |  |
|--|--|
|  | <p>Occasional locum GP work - The Corner Surgery in Southport</p> <p>Ad hoc teaching of GP trainees, which is invoiced for via the local Training Hub.</p> <p>Psychiatry UK - Associate Specialist</p> |
|--|--|

|  |  |
|--|--|
| <p><b>Remunerated ad hoc work:</b> Please list any remunerated ad hoc and short-lived pieces of work you have done over the last year which are not already covered in remunerated office or employment. For example, editor or publisher work, consultancy work etc.</p>  | <p>I am a member of the Nestle Nutrition Paediatric Advisory Board. I am paid to attend meetings, and also receive occasional low-value hospitality such as free coffee and chocolates.</p> <p>I am occasionally paid for medical writing, most recently for writing blogs for Pulse magazine</p> <p>I am not yet doing any paid consultancy work but will probably start to do so shortly (primarily advising doctors on setting up and running private GP services).</p> |
| <p><b>Remunerated Directorships:</b><br/>Please list below any current <u>remunerated</u> directorships held in public or private companies. This should also cover <u>unremunerated</u> directorships where the companies in question are associated with or are subsidiaries of a company in which the member holds a remunerated directorship. This should include companies in and outside the UK. It should also include those for which accounts have not yet been submitted.</p>  | <p>I am co-owner and Director of Formby GP Ltd, and work there as a GP 1 session per week (divided into two half-sessions). At the present time I am remunerated for this role via dividends rather than salary. My husband, Dr John Cosgrove, is the other Director of Formby GP Ltd</p>  |
| <p><b>Registrable shareholdings:</b><br/>Please declare any shareholdings and other ownership interests in any publicly listed, private or not-for-profit company, business, partnership or consultancy which is doing, or might be reasonably expected to do, business with the RCGP. The requirement extends to holdings in which the interest is held by or on behalf of the member's spouse or dependent children. There is no need to declare shares or securities held in collective investment or pension funds or units of authorised unit trusts.</p> | <p>None</p>  |
| <p><b>Patents, loyalty interests:</b><br/>Please list the funding sources for any research work you have led, any patents or intellectual property rights held.</p>  | <p>None</p>  |
| <p><b>Land and Property – commercial holdings only</b> (please do not list non-commercial land and property):</p>  | <p>None</p>  |

|  |   |
|--|---|
| <b>Remunerated services provided to the College:</b><br>Please state whether you are supplying goods and services to the College, in person or through direct relatives, other than services as an Officer/ member of staff.   | None  |
| <b>Gifts, benefits, hospitality:</b><br>This should cover registration of any gift or material advantage received by the member from a UK or overseas source. Gifts are exempt from registration if less than £100 in value; other benefits are exempt if less than £225 in value.         | <p>I delivered a seminar at the 10th RCGP, RCN &amp; RCPsych Health &amp; Justice Summit in October 2023. I received free entry to the conference courtesy of the conference organiser, Convenzis. My employer, Mersey Care, paid for my travel and accommodation.</p> <p>I receive occasional free consultations from Dr C Anderson at Stone Medical Clinic (a private GP service), as a professional courtesy.</p> <p>Ticket to Ladies' Day at the Grand National from a contact at Randox Laboratories</p> |
| <b>Non-Financial Interests</b>   |   |
| <b>Membership of formal groups/organisations</b><br>This should cover current membership of any formal organisation or group (including active membership of political parties, lobby groups, campaigning charities, other Royal Colleges and representative bodies), for example the BMA. | <p>I am a member of the British Medical Association.</p> <p>I am the Hon Sec of RCGP Mersey Faculty Board, and the Faculty's mid-careers rep.</p> <p>I have subscribed to the mailing list of "SEEN in Health" - the Sex Equality and Equity Network for NHS staff</p>  |
| <b>Unremunerated Directorships and Trustee positions</b> Please list any unremunerated directorships held in public or private companies. This should include companies in and outside the UK and dormant companies. Also, please include any trustee positions.                           | None  |