

Declarations of Interests form



Please read the Declarations of Interests policy and guidance before completing this form.

Name	Dr Heather Ryan
RCGP role(s)	Member Trustee

I wish to register the following interests:

Renumerated employment	<p>I am employed 1 session a week by NHS England as a Primary Care Medical Educator.</p> <p>I occasionally undertake locum GP work, most recently at The Corner Surgery in Southport.</p> <p>I occasionally undertake additional ad hoc teaching of GP trainees, which is invoiced for via the local Training Hub.</p> <p>I am about to start work for Psychiatry UK as an Associate Specialist undertaking adult ADHD assessments.</p>
Renumerated ad hoc work	<p>I am a member of the Nestle Nutrition Paediatric Advisory Board.</p> <p>I am occasionally paid for medical writing - most recently blogs for Pulse magazine.</p>
Renumerated directorships	<p>I am co-owner and Director of Formby GP Ltd, and work there as a GP approximately 8 hours per week. At the present time I am remunerated for this role via dividends rather than salary. My husband, Dr John Cosgrove, is the other Director of Formby GP Ltd.</p>
Shareholdings	<p>I hold shares in Novo Nordisk.</p> <p>My husband holds shares in Aberdeen Group PLC.</p>
Research, patents and intellectual property	<p>Nil.</p>
Commercial land and property	<p>Nil.</p>
Renumerated services provided to the RCGP	<p>Nil.</p>
Membership of formal groups/organisations	<p>I am a member of the British Medical Association.</p> <p>I am the Honorary Secretary of RCGP Mersey Faculty Board.</p>



Royal College of
General Practitioners

	I have subscribed to the mailing list of "SEEN in Health" - the Sex Equality and Equity Network for NHS staff.
Non-remunerated directorships and trustee positions	I am a Member Trustee of RCGP.
Any other interests	<p>I delivered a seminar at the 10th RCGP, RCN & RCPsych Health & Justice Summit in October 2023. I received free entry to the conference courtesy of the conference organiser, Convenzis. My employer, Mersey Care, paid for my travel and accommodation.</p> <p>Since August 2023 I have received several free and discounted consultations from Dr C Anderson at Stone Medical Clinic (a private GP service).</p> <p>On 4th April 2025 I attended Ladies' Day at the Grand National with a hospitality ticket provided by Randox. The value of the hospitality provided to me was £349. My husband also received a hospitality ticket of the same value. This hospitality was offered to us in our capacity as the Directors of Formby GP Ltd.</p>