

RCGP Curriculum

Supercondensed Curriculum Guide

MATERNITY AND REPRODUCTIVE HEALTH

Role of the GP

- Preconception advice and health optimisation
- Multidisciplinary working with midwives and secondary care
- Provision of postnatal care
- Management of medical and psychological problems during and after pregnancy
- Care of women affected by pregnancy loss and infertility.

Knowledge and Skills Self-Assessment Guide

Symptoms and Signs



- Normal pregnancy symptoms
- Abnormal pregnancy symptoms and signs including bleeding, nausea and vomiting, pain, symptoms of pre-eclampsia or venous thromboembolic disease, pre-term labour, reduced fetal movements, abnormal abdominal palpation
- Symptoms suggestive of exacerbation of pre-existent medical conditions in pregnancy
- Perinatal mental health symptoms
- Postnatal symptoms – including bleeding and breastfeeding problems.

Knowledge and Skills Self-Assessment Guide

Common and Important Conditions



- Perinatal mental illness
- Pre-conception care and advice
- Pregnancy with social complications including safeguarding concerns
- Prescribing pre and perinatally
- Antenatal care
 - Routine antenatal care including screening
 - Pregnancies complicated by pre-existing medical conditions
 - Antenatal complications including:
 - Bleeding, pain, early pregnancy loss
 - Congenital abnormalities
 - Growth problems
 - Haematological problems
 - Infections during pregnancy – maternal and fetal
 - Intrauterine death and stillbirth
 - Malpresentation
 - Metabolic problems in pregnancy
 - Hypertension in pregnancy including pre-eclampsia and eclampsia
 - Reduced fetal movements.

MATERNITY AND REPRODUCTIVE HEALTH

Knowledge and Skills Self-Assessment Guide

Common and Important Conditions (Continued)



- Delivery – understanding of (but not the ability to provide) intrapartum care
- Postnatal care
 - Normal postnatal care. Including neonatal check and maternal six-week – 8-week check
 - Infant feeding including breastfeeding
 - Common postnatal problems including problems with breastfeeding
 - Postnatal contraception.

Knowledge and Skills Self-Assessment Guide

Examinations and Procedures



- Antenatal examination including assessment of maternal blood pressure and urinalysis and fetal size and heart rate.

Knowledge and Skills Self-Assessment Guide

Investigations



- Pregnancy investigations, including:
 - Laboratory tests to evaluate gestational diabetes, obstetric cholestasis, and pre- eclampsia
 - Screening and prenatal diagnosis for congenital abnormalities
 - Tests for infection including asymptomatic bacteriuria, HIV, syphilis.
 - Ultrasound for dating, growth, and fetal well-being
- Primary care investigation of male and female subfertility.

MATERNITY AND REPRODUCTIVE HEALTH

How this might be tested in MRCGP

AKT



- Diagnosis and management of common symptoms in pregnancy
- Primary care investigations for failure to conceive
- Routine antenatal screening tests.

SCA

- Woman in early pregnancy requests an abortion.
- Woman in a stable same-sex relationship requests referral to the assisted conception clinic
- Woman who is 10 days postnatal attends with flu-like symptoms and a painful breast.



WPBA



- Case-based Discussion (CbD) about a woman who is Hepatitis B positive on routine antenatal testing and her husband is her only sexual partner
- Learning log on a couple who have had a recent stillbirth
- Clinical Examination and Procedural Skills (CEPS) – examination of a pregnant woman in the 3rd trimester of pregnancy.

LEARNING OPPORTUNITIES (Examples)

Core Content

- **Communication and Consultation**
 - Building relationships with women and their partners before and during pregnancy
 - Sensitively exploring issues of domestic violence during pregnancy
 - Safeguarding during pregnancy
- **Normal and Abnormal**
 - Awareness of what is normal and abnormal during pregnancy
- **Prescribing**
 - Prescribing in pregnancy and preconception
- **Co-morbidity**
 - Management of pre-existing long term conditions (e.g., thyroid problems) during pregnancy, including referral where indicated
 - Diagnosis and management of newly arising medical conditions during pregnancy (e.g., gestational diabetes, pre-eclampsia, anxiety and depression)
- **Medico-legal/ Ethics**
 - Termination of pregnancy
 - Prenatal diagnosis
 - Maternity rights and benefits
 - Strategies to reduce unwanted pregnancies
 - Safeguarding during pregnancy.

Primary Care



- Investigation of subfertility
- Preconception advice and family planning.

Community

- Community midwife clinics
- Mental health team
- Antenatal/ postnatal parent and baby groups.

Acute Care



- Acute pregnancy problems (e.g., hyperemesis gravidarum)
- Complications of fertility treatment (e.g., ovarian hyperstimulation syndrome)
- Early pregnancy advice services (e.g., suspected miscarriage).

Multidisciplinary Team

- Community midwife
- Health visitor
- Safeguarding teams.



Other Specialties

- Outpatient obstetric and gynaecology clinics
- Early pregnancy assessment units
- Maternity assessment units
- Specialist perinatal mental health teams
- Other specialists managing chronic or newly arising conditions during pregnancy (e.g., endocrinology, respiratory).