

Talk to a GP



A guide for young people

Is something worrying you? Concerned your doctor may tell?

GPs provide a **CONFIDENTIAL** service to all our patients, including under-16s. This means we won't tell anyone else about your visit without your permission (sometimes called consent).

The only time we ever share information without your consent is if you or someone else could be in danger. We would always talk to you about this first.

Stress
Self-harm

Diabetes
Asthma

Sexuality:
gay or
straight?

Bullying
Period problems
Feeling low
Acne

Contraception
Drugs
Drinking
Sex

Skin
problems
Weight
issues

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Did you know
you can be seen
on your own,
even if you're
under 16?

We will be happy
to see just you,
or bring a friend
or a parent,
you choose.



We are here to help with your health and emotional concerns. You can talk to us and tell us what's worrying you. That's our job.

