

Awards and Fellowships Spring General Meeting 2019



Welcome by the President

Welcome to the Royal College of General Practitioners Awards and New Fellows Ceremony at the Spring General Meeting. We are delighted to welcome you and your guests to this very special occasion at the headquarters of general practice here at 30 Euston Square in London.

Today we will be awarding prizes and awards to colleagues for their important achievements in general practice, and we will be celebrating the appointment of new Fellows of our College. I always feel humbled by reading the Fellowship nominations and hearing what other GPs have achieved in their careers.

Congratulations on receiving an award from the RCGP. This is a seminal moment in your professional and personal life and one which you can be justifiably proud. You are part of the largest medical Royal College with over 53,000 members. We promote the highest possible standards for general practice through our GP curriculum, our specialty training, our College examination, and continuing professional development.

UK general practice enjoys worldwide respect and is the 'jewel in the crown' of the NHS. Today alone, over 1m people across the country will visit their GP surgery. Moreover, more than nine out of ten patients have confidence and trust in the last GP they saw. This is thanks to the hard work of GPs like you and we are proud of you!

The main academic event today is the William Pickles Lecture. Professor Sir Terence Stephenson will be speaking at 3pm, with the title *Training Tomorrow's Doctors: 1851-2051*.

One of the advantages of being College President is meeting and getting to know College members through my visits to the different College events around the UK and Ireland. Today, in London, please do take the opportunity to talk to any of the Officers or staff. We are here for you, in your College.

We hope that this is a continuation of a life-long association with your College and that you become an ambassador for the values of the College. The College cares about you! Our ambition is also for the College to be your trusted guide throughout your professional life. We also need your enthusiasm to shape the future so please send us your ideas to transform general practice. We look forward to hearing from you, at president@rcgp.org.uk.

Thank you in anticipation of promoting the highest possible standards of general medical practice for your patients with the ethos of *Cum Scientia Caritas*.

I look forward to meeting you today.

Professor Mayur Lakhani

The College Coat of Arms

The elements are explained below:

- the *owl* is a symbol of wisdom.
- The shield, separated by a chevron, symbolises the roof of the house in which most general practice takes place. One side is white to represent day and the other black to represent night. The three spaces are occupied by a white poppy, signifying relief of pain and suffering; a gentian flower indicating medicine and the restorative and rehabilitative role of the GP; and, finally, the Greek lamp



indicates the importance of study and research in the work of the College and links with the lamp of nursing.

- the *unicorn* is adopted from the Worshipful Society of Apothecaries.
- the *lynx* is adopted from the arms of the Royal College of Surgeons.
- the gavel symbolises authority.
- the *serpent* is the ancient symbol of medicine.

The College Arms were granted in 1961 by the College of Arms in England (a separate but almost identical coat of arms was approved by the Lord Lyon in Scotland).

The College motto

Cum Scientia Caritas - compassion with knowledge

The College Mace

A mace is a longstanding tradition. It is customarily carried in and installed in many British institutions, most notably the House of Commons at the start of formal proceedings. It symbolises two ideas: first, the whole membership, and, second, authority. It serves to remind those present of their responsibility to all people and the importance of exercising their authority responsibly.

The College Coat of Arms

The College mace is made of silver and ebony. At its head perches the owl from the College coat of arms; at its base is a Scottish thistle. The reference to Scotland relates to the donation of the mace to the College by Scottish fellows, members and associates in 1969 to mark the highly unusual award of an honorary MD to Dame Annis Gillie by the University of Edinburgh.

The mace is processed by the Chair of the College in Scotland, in their fellow's gown. In the Chair's absence, a senior member of the College staff will wear the processor gown. This gown is College blue with the coat of arms on the collar.

The procession of the mace will signify the opening or closing of a general meeting or a presentation ceremony. The mace also sits in front of the Chair of Council at Council meetings, although it is no longer processed.

Robes and insignia

The current President's gown was instigated in 2012 to mark the 60th anniversary of the College. It has incorporated the College arms and reflects the College blue of our modern logo.

The President's chain was gifted to the College in 1958. It is cast in 9-carat yellow and white gold and consists of a medallion of a white-gold poppy entwined with a yellow-gold foxglove and alternating with entwined serpents in white gold. The medallion of the College coat of arms was added in 1963.

The Member's gown is black with white facing.

The Fellow's gown is identical to the Member's gown but with the addition of the College coat of arms on the right breast.

The Chair of Council wears a badge that incorporates the College arms with the names of all previous College Chairs on the ribbon in gold.

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Ceremony One: Honorary Fellowship

Presentation of Honorary Fellows

Honorary Fellowship is the College's most important award, given for outstanding work towards the objectives of the College. It can be awarded to doctors and non-doctors from the UK and overseas.

Professor Mary Dixon-Woods

Professor Mary Dixon-Woods is one of the world's leading Health Services Researchers and one of the most respected academics in the field of Improvement Science. She is the Health Foundation Professor of Healthcare Improvement Studies and Director of The Healthcare Improvement Studies Institute at the University of Cambridge. Mary originally trained in medical sociology at the University of Dublin and then Oxford. She was Professor of Medical Sociology at Leicester from 2007-2016 where she built a talented team of researchers and a network of policy-makers and practitioners who collaborated to evaluate health system improvement interventions.

She was recruited by Cambridge University to develop a new unit in 2016, funded by the Health Foundation for a 10-year grant worth over £42.5m.

She is a highly productive academic with over 150 peer reviewed research studies, over 40 editorials and 6 book chapters. She is Co-Editor-in-Chief of BMJ Quality and Safety – the leading journal in the field and thus has an important strategic role in promoting improvement science and developing new researchers.

Mary's current programme of research is focused on generating a high-quality evidencebase to support the organisation, quality and safety of care delivered to patients. Characteristically using mixed-methods approaches, her work evaluates quality and safety improvement interventions and programmes, culture and behaviour in health systems, and regulation and governance of health research and care. She has special interests in the ethics of quality and safety and in the development of novel methods for conducting health services research.

She served on the National Advisory Group on the Safety of Patients in England, leading to the Berwick report in 2013. She also served on the review of information technology in the NHS led by Professor Bob Wachter, which reported in 2016. She is currently on the Lancet Commission on the Future of the NHS. She has a reputation as a captivating speaker and her insights from the front line are valued highly. Her commentary on the challenges of working at the interfaces of primary and community care with secondary care have improved patient safety and the work of her Institute promises much more to come.

Mary is an extremely intelligent, insightful woman who has done a remarkable amount to further the academic cause of general practice and medicine more widely and in turn, the delivery of high-quality care for millions of patients.

She is a most worthy recipient of the College's highest honour - and I commend her to you.

Professor Helen Stokes-Lampard

Ceremony One: Honorary Fellowship

Professor Sir Michael Marmot

Professor Sir Michael Marmot is the Director of the Institute for Health Equity and Professor of Epidemiology and Public Health at University College London. He is one of the most respected academics in the world and the most powerful advocate for social justice.

Sir Michael is the author of highly influential reports on the social determinants of health for the UK government (Fair Society, Healthy Lives; 2010), and the World Health Organization (Closing the Gap in a Generation; 2008 and European Review of Social Determinants of Health and the Health Divide; 2014) and has chaired commissions and working groups addressing health inequalities all over the world. As a researcher he has led some of the highest profile longitudinal epidemiological studies, including the Whitehall II Study of British Civil Servants and the English Longitudinal Study of Aging.

His achievements have been recognised with numerous honours, including Fellowship of the Academy of Medical Sciences, Honorary Fellowship of the British Academy and the National Academy of Medicine, President of the British Medical Association and President of the World Medical Association.

He has 17 honorary doctorates from universities around the world. In 2000 he was knighted for services to epidemiology and the understanding of health inequalities.

Sir Michael's work on improving our understanding of health inequalities and testing specific interventions to reduce their impact on patients and communities has inspired many general practitioners. Primary health care teams recognise their potential to contribute to the health of their communities and Marmot's work shows how they can deliver that potential by working in partnership with others; in particular local government.

As a consequence of Sir Michael's determination, health inequalities - complex and politically challenging as they are - have remained on the policy agenda. 'Politics with Evidence' is his mantra, reflecting his astute ability to engage, inform and influence. He is a most worthy recipient of Fellowship of our College.

Professor Martin Marshall

Ceremony One: The Foundation Council Award

The Foundation Council Award

The Foundation Council Award is one of the College's most important awards and is given for special meritorious work in connection with the College.

Dr Imran Rafi

The RCGP's Clinical Innovation and Research Centre (CIRC) delivers a wide portfolio of projects that aim to improve primary healthcare provision across a range of clinical priorities, and promotes innovation, quality improvement and research. Dr Imran Rafi has served as the Medical Director and Chair of CIRC for 9 years and has been leading its development with his unique blend of academic expertise, passion and humility.

Dr Rafi qualified from Newcastle University in 1988. Prior to this, he completed a Bachelor's degree in Computing Science. After general medical rotations in Newcastle, he went on to complete a PhD in Medical Oncology and then switched to general practice training. He became a RCGP Member in 2000 and shortly afterwards completed a Master's degree at St George's in Public Health Medicine. Dr Rafi is a Fellow of the Royal College of Physicians and obtained a Diploma in Forensic Medicine Sciences in 2009.

In 2010 he became CIRC's Medical Director and provided wise oversight on numerous projects including the Daffodil Standards on End of Life Care and RCGP Patient Online; a toolkit to support practices in England to meet their contractual requirements for offering online access. He has represented the RCGP on important panels and committees such as the DoH Diagnostic and Innovations Anti-Microbial Resistance Diagnostics Collaborative; the National Cancer Diagnosis Audit; the Academy of Medical Sciences Oversight Group, on how evidence and research is perceived by society and practitioners: the NHSE Digital Transformation Board and the NHSE Patient Online Programme Board. He will soon be joining the Genomics England Primary Care Panel.

Dr Rafi has been a Convenor of the World Organisation-WONCA Primary Care Specialist Group Genetics, a joint Founder of the Society of Academic Primary Care Specialist Group on Genetics and Chair of the Primary Care Genetics Society. He is currently joint RCGP Clinical Champion for Genomics and completed a Master of Study degree in Genomics from the University of Cambridge in 2017.

As a GP principal in Surrey for over 20 years, Dr Rafi has been providing frontline GP services whilst at the same time engaging in education and research at St George's University. He is the author of two books on genomics and anticancer drugs and has contributed to books on developing research capacity and capability in primary care and primary care ethics. He has published extensively in peer-reviewed journals.

Dr Rafi has provided unique leadership within CIRC with quiet determination. He is passionate about research that can drive improvements for patients and is kind and thoughtful. He is a worthy recipient of the College's Foundation Council Award.

Dr Victoria Tzortziou-Brown

Ceremony One: The John Fry Award

The John Fry Award

The John Fry Award commemorates the work of the late Dr John Fry, perhaps the most prominent GP of his generation involved in research. Awarded to a Member or Fellow of the College who has promoted the discipline of general practice through research and publishing, it is intended to encourage people to undertake research as a practising GP early on in their career and within 20 years of qualification.

Professor Deborah Swinglehurst

Deborah combines dedicated, professional patient care as a GP with an internationally recognised profile as qualitative researcher and expert in ethnography in primary care, particularly the techniques of linguistic ethnography. She believes that concern for the detail of human interaction is central to clinical wisdom and this belief drives much of her innovative research. This research, including work on the practice of primary care and on co-morbidity, is now helping to shape the future of general practice. It is a mark of her outstanding academic contribution that between being awarded the John Fry Award and this presentation she has been promoted to a personal chair.

Deborah has been a practising GP for about 20 years. She completed her PhD focused on the electronic patient record in 2012. This work challenged accepted practice and attracted media attention. Later research uncovered the previously neglected role of practice administrative staff in repeat prescribing. The fact that two of her first author research papers have been highly commended or runner up in the RCGP Research Paper of the Year competition is evidence of the relevance and quality of her work. Her current research on polypharmacy is funded via a prestigious National Institute for Health Research award.

However, exhibiting the qualities of a true academic, Deborah is not only an internationally renowned researcher, but she is also highly effective in attracting and developing junior staff, working across disciplines, involving patients in her research, in innovative leadership, and in teaching.

In 2005 she won, along with three colleagues, the Higher Education Award/Times Higher Education Supplement e-tutor of the year award for an innovative web-based MSc in International Primary Health Care, and in 2018 she led the Scientific Programme for the Society for Academic Primary Care Annual Scientific Meeting, introducing several innovative ideas to the programme's structure.

In summary, Deborah is an important role model for primary care professionals interested in combining an academic and clinical career. In addition, she is a delightful colleague and team player. She is a worthy winner of this prestigious award.

Professor Sandra Eldridge

Ceremony One: The 2019 Discovery Prize

The Discovery Prize

The Discovery Prize is awarded in recognition of outstanding research in general practice. One of the College's most prestigious awards, it recognises ground breaking discoveries which have transformed health care and the wellbeing of patients.

Professor Paul Little

Professor Paul Little's programme of research, and its translation into policy and practice, is at the forefront of efforts to improve antibiotic prescribing in primary care. His focus has been avoiding the harms of overtreatment of common self-limiting conditions such as sore throat, earache and painful eyes.

Paul is curious about the way things work and he is persistent. He has immersed himself in his subject and has gained an outstanding level of competence in defining soluble questions and answering them through appropriate designs in primary care.

He inspires confidence in his team and collaborators across disciplines. A particular strength is his collaboration with patients and practitioners. He uses outcomes that patients and doctors care about, such as acceptability, wellbeing, and help seeking behaviour. His work on antibiotic prescribing clearly shows how these attributes have led to patient and service benefit.

His work has been heavily relied upon by the national Institute of clinical excellence NICE – indeed three key trials led by Paul have dominated NICE evidence and economic analysis (1997, 2001, 2005).

I quote from the NICE evaluation regarding Paul's early open randomised trial of prescribing strategies in managing sore throat "The probability that patients' symptoms will persist more than 3 days is taken from Little et.al." This is a particularly important variable in the model as it acts a proxy for the effectiveness of antibiotics – the paper reports the resolution of symptoms within 3 days as 37%, 35% and 30% for immediate antibiotics, no antibiotics and delayed antibiotics, respectively.

It seems so simple to choose days to symptom resolution as an outcome measurement; yet how brilliant and effective in communicating to practitioners both the natural history of sore throat, and the small immediate impact of antibiotics.

From a large programme of work, the message to clinicians is strong; when considering antibiotics, consider a delayed prescription. It reduces antibiotic use without increasing harms, is preferred by patients over no prescription, and reduces the number of reconsultations.

Professor Little has also contributed through research to health promotion, patient centred care, and drives his research findings into practice, for example through

Ceremony One: The 2019 Discovery Prize

developing internet-based behavioural support to help health professionals and their patients manage common conditions.

The honours he has received, including Fellow of the Academy of Medical Science and Commander of the British Empire for services to general practice research, reflect his reputation in the clinical academic community. He is a shining jewel in the crown of our College.

Professor Ann Louise Kinmonth.

Ceremony One: Fraser Rose Medal and the Royal Australian College of GP's Trainee Book Prize

The Fraser Rose Medal and the Royal Australian College of GP's Trainee Book Prize

The Fraser Rose Medal is awarded annually to the candidate who, in completing the MRCGP examination and concluding their training has demonstrated outstanding performance to the panel of examiners. It was instituted by the Merseyside and North Wales Faculty in 1972 and named in honour of Dr Fraser Rose who took a leading part in the formation of the RCGP.

The Royal Australian College donates a Trainee's Book Prize each year to be awarded to the Fraser Rose Medal winner.

Dr Kirsty Farquharson

Dr Kirsty Farquharson studied medicine at the University of Dundee. She is from a non-medical background and grew up in Dunfermline, Fife. Kirsty received distinction awards throughout university and her degree was awarded with Honours. She did an intercalated degree in Neurosciences and received First Class Honours as well as the award for top student. She won various prizes including the Captain WA Low Medal for being the most distinguished student among those graduating MBChB. She was particularly pleased to win the AK Johnson Award for her work on a general practice project. She split her elective between a general medicine attachment in Tobago as well as a period in general practice in Banff, Canada.

Kirsty completed her foundation training in Edinburgh and the Lothians. She also spent a very rewarding year working in a stroke ward before embarking on GP training. Her training years meant working back home in Fife. She really enjoyed coming back to an area she knows well. She spent her ST1 year at Glenwood Medical Practice and her ST3 year at Cos Lane Medical Practice, both in Glenrothes. Kirsty got married during her ST3 year. Planning the wedding certainly presented some challenges! Kirsty was initially working as a locum at her ST3 practice but is pleased to have started a salaried job there this year. She is also working as an Out of Hours GP.

Kirsty thoroughly enjoys working in general practice. She loves the constant challenges of the job and the need to have such a wide knowledge base. She appreciates learning every day and always being able to improve on her skills. Most of all though, she loves getting to know her patients' lives rather than just their medical conditions. Kirsty would like to thank her GP trainee colleagues in the Fife and North Edinburgh group. Their mutual support was invaluable in getting through exam preparation. She would also like to thank her trainer (Dr Jacqueline Smith) and her training practice for all their ongoing guidance and encouragement. Kirsty would like to extend a special thanks to her husband, Graeme, her parents, as well as her family and friends for their constant support and for always believing in her abilities.

Dr MeiLing Denney

Ceremony One: International Travel Scholarships

International Travel Scholarships

International scholarships assist any GP or family doctor in the world to undertake personal study of an aspect of primary healthcare in an international context. The awards are open to members and non-members. Firstly, they enable GPs from the UK to study an aspect of primary healthcare internationally that is relevant to this country's needs. Secondly, they enable family doctors from outside the UK to visit this country to study an aspect of primary healthcare relevant to their own country's needs, or to help develop their own systems of primary care.

International Travel Scholarships (Autumn 2018)

Kevork Hopayian from UK visiting Armenia: Child Health for Rural Family Doctors

Myint Zaw from Myanmar visiting UK: Enhancing Myanmar General Practitioner's Role in Minor Surgery

Gözde Öğrü from Turkey visiting UK: Exploring the role of Wider Practice Team for Management of Chronic Diseases (DM/COPD in particular) in UK primary care

The Eric Gambrill Award

Rachel Bingham from UK visiting Bangladesh: Doctors Worldwide Postgraduate Fellowship.

The John Ferguson Award: given to the applicant with the highest score in the Autumn round.

Estanislao Fleitas from Argentina visiting UK: Field study of NHS primary care in the UK and its potential applicability in the public health system of Santa Fe, Argentina.

The William Pickles Lecture

The William Pickles Lecture

The William Pickles Lecture is delivered at the Spring General Meeting. Nominations for the lecturer are submitted to the Awards and Fellowship Committee of the College. The topic of the lecture usually relates to an aspect of education, and it is normally published in the *British Journal of General Practice*.

Professor Sir Terence Stephenson

Professor Sir Terence Stephenson is Nuffield Professor of Child Health at the Institute of Child Health, University College London and Co-Director of the Children's Policy Research Unit.

Sir Terence was Chair of the GMC 2015-2018, Chair of the Academy of Medical Royal Colleges 2012-2014 and President of the Royal College of Paediatrics and Child Health 2009-2012.

He has been elected an honorary Fellow of ten colleges or academies, in the UK, Ireland, Hong Kong and Australia and was knighted in the 2018 New Year Honours for services to Healthcare and Children's Health Services.

Sir Terence was formerly Dean of the Medical School and Professor of Child Health at the University of Nottingham, and a non-executive Director of Nottingham University Hospitals NHS Trust.

He is an honorary consultant in paediatrics at UCL Hospital and Great Ormond Street Hospital London and has co-authored seven textbooks. His research has mainly been in physiology of early life and acute and chronic paediatric illness and he has published over 275 peer reviewed papers, editorials and chapters. As a researcher he has received over £13 million in funding through 46 different, competitively awarded grants.

Professor Mayur Lakhani

Ceremony Two: Honorary Fellowship

Presentation of Honorary Fellows

Honorary Fellowship is the College's most important award, given for outstanding work towards the objectives of the College. It can be awarded to doctors and non-doctors from the UK and overseas.

Dr Helene Irvine

Helene Irvine will receive Honorary Fellowship in absentia.

Dr Helene Irvine has been a Senior Consultant in Public Health in Glasgow and Greater Clyde Health Board for over eighteen years.

She was nominated for Honorary Fellowship of the RCGP in recognition of the significant and highly influential work that she has undertaken within her public health role to understand where the NHS is failing through detailed analysis of routinely collected data.

She is a passionate and independent advocate for the crucial role of general practice in tackling both persisting health inequalities in urban and rural settings in Scotland, and in securing a future sustainable NHS. She has not been afraid to take on the more complex and potentially controversial areas of healthcare research that are needed to allow a deeper understanding of seemingly intractable problems.

Using an evidence-based approach, she has consistently lobbied for increased funding for general practice, social care and district nursing, particularly for elderly patients; the highest users of NHS services.

Her research findings, demonstrating poorer outcomes with reduced investment in general practice, have been invaluable to the work of the College in campaigning for a higher percentage of NHS resources. Her analysis also supports promotion of the partnership model of general practice; another key priority area for the RCGP.

It is a pleasure and my honour to nominate her for this award.

Dr Carey Lunan

Ceremony Two: Honorary Fellowship

Professor Richard Lilford

President, I am delighted to present for Honorary Fellowship Professor Richard Lilford.

Professor Lilford has had a varied career trajectory after qualifying from the University of Witwatersrand, Johannesburg, South Africa. He spent his early career in obstetrics and gynaecology becoming a professor at the University of Leeds. Richard then changed direction by becoming a civil servant taking up post as Director of Research and Development at NHS Executive West Midlands. He then returned to academic medicine as Professor of Clinical Epidemiology at the University of Birmingham and since 2014, he has led the International Centre for Applied Health Research and Delivery, at the University of Warwick. If that wasn't enough, he is also Director of the NIHR Collaborations for Leadership in Applied Health Research and Care West Midlands – now in its 2nd term!

Professor Lilford has left his mark in all these posts; notably for us by promoting primary care research. His work has spanned many areas from the ethics of clinical trials, patient safety, implementation science and Bayesian statistics to name a few. All these areas impact us within general practice. Now he has diversified into global health with improving the health of people living in slums. The focus here is on access to and quality of care in slums in sub-Saharan Africa and South Asia.

His accolades are too numerous to list but include being Fellow of two Royal Colleges, the Faculty of Public Health, honorary Doctor of Science, Keele University and Commander of the British Empire.

Richard is an inspirational leader and researcher tackling important questions of our time. Despite not being a general practitioner – though married to one(!) – he embodies the College motto *Cum Scientia Caritas*.

RCGP Honorary Fellowships exist to recognise people from outside the profession who have made a major contribution to general practice. Through his robust research work, Richard has provided evidence to inform both day-to-day practice and health policy. It is a pleasure and an honour to present him for this award.

Professor Paramjit Gill

Ceremony Two: The President's Medal

The President's Medal

The President's Medal is awarded to a Member or Fellow who has done most to promote the aims and objectives of the College but who has not normally already achieved recognition for that contribution from the College.

Dr Kevin Hill

Kevin is one of those people who if you cut him in half would have general practice written through him like a stick of rock. He is also a great fan of medical education, particularly how to improve patient care by education and training both locally in East Midlands and across the UK.

Kevin has worked for various incarnations of deaneries and then Health Education England for many years, working as a Course Organiser (then Programme Director) in Mansfield, then Associate Postgraduate Dean and Head of Primary Care Academy for the north of East Midlands.

He worked with others to embed changes to the MRCGP exam and other assessments, and to develop our Annual Review of Competency Progression process, ensuring that it was fair, equitable and following the principles of natural justice. He has also served the College as clinical lead for the GP Specialist Applications Team, where again his knowledge, attention to detail and fairness have helped to shape processes such as the application of the Accreditation of Transferable Competencies Framework and Certificate of Eligibility for GP Registration processes, both of which would have been less clear without Kevin's input.

I personally have known Kevin for about 20 years and he has always been there to help and advise in his own modest, gentle and inimitable way. His knowledge about general practice and medical education is encyclopaedic, ensuring that we were kept on track as we developed as a postgraduate medical team.

He thoroughly deserves this award of the RCGP President's Medal as a fitting tribute to a lifetime of service to general practice.

Dr Nigel Scarborough

Ceremony Two: The Rose Prize

The Rose Prize

The Rose Prize is a biennial award with the Worshipful Society of Apothecaries for original work in the history of general practice in the British Isles. It commemorates William Rose, Apothecary of London whose court case of 1701-1704 established the legal foundation of general practice in England and Fraser Rose, a co-founder of the Royal College of General Practitioners.

Dr Kenneth Collins

Kenneth Collins was born and educated in Glasgow. He holds degrees from three different Faculties at the University of Glasgow: MB ChB (1972) from the Faculty of Medicine, PhD (1987) in Medical History from the Social Science Faculty and MPhil (1992) in Medical Law and Ethics from the Law Faculty. After graduation he worked first at the Southern General Hospital in Glasgow before entering the general practice in 1976 in the city's Ibrox area where his parents were partners. His father retired in 1978 but his mother remained a partner in the practice until 1989. His PhD explored the openness of the Scottish universities to religious minorities, especially Jewish students who could not gain medical degrees in the English universities until the early nineteenth century. He also explored the British medical registration rules during the 1930s which brought hundreds of refugee doctors from Nazism to Scotland as the Scottish Royal Colleges provided the best opportunities for requalification.

As a principal in general practice he worked with his colleagues to develop new premises with space for all the facilities required of modern community practice. He became the trainer when the practice was accepted as a training practice and for many years was also a trainer for the Dementia Services Development Centre at the University of Stirling bringing good practice to doctors across the whole of Scotland.

His PhD was obtained while working full-time in the practice and in the following years he was an honorary Research Fellow at the Centre for the History of Medicine at the University of Glasgow. He became the Chief Editor (2009-2017) of Vesalius: Journal of the International Society for the History of Medicine, a society mainly composed of physicians interested in the history of their profession. He is currently the International Delegate of the British Society for the History of Medicine, representing it in international meetings.

Following retirement from general practice he has pursued his interest in medical history and is now deeply involved in the study of the oral history project, conducted between 1989 and 1992, which won the Rose Prize and illustrates the medical and social conditions over three generations in one inner-city urban practice in Glasgow.

Dr Bill Reith

Ceremony Two: The Paul Freeling Award

The Paul Freeling Award

The Paul Freeling Award is for innovative or meritorious work in the field of specialty training for general practice and recognises the work of those involved in face-to-face teaching of trainees. The College is grateful to Mrs Shirley Freeling for the endowment of this award.

Dr Anne Hawkridge and Dr David Molyneux

I am delighted to present Dr Anne Hawkridge and Dr David Molyneux for the Paul Freeling Award. Anne and David are experienced GP trainers and College examiners who have delivered innovative and inspirational work in GP training by systematically developing an educational support package for GP trainees who have struggled to pass the CSA exam. To produce this package, they have carefully analysed the needs of this group of trainees and created a package of materials and processes that have achieved outstanding results.

In the North West of England, they ran the first courses for those trainees who needed extensions to training for failing the CSA and have run this programme from that time. They have worked diligently in modifying and enhancing the approach year on year based on their own observations and outcomes from each group. In the last 2 years this programme has shown significantly improved exam pass rates compared to similar cohorts.

Anne and David studied and evaluated the reasons why some trainees struggle with the CSA and from that, using their understanding of educational principles, produced resources and processes that support those trainees in overcoming those hurdles. They have enabled this support by training a group of educators in the effective analysis of the problems encountered by the trainees using the models they have written. These educators give focused feedback and support to trainees and trainers.

The feedback received from trainees and their trainers has been excellent. Trainees have stated that they felt totally supported with people genuinely interested and with the ability to help them through the process. They are now in the process of enabling many more trainees benefit from their approach both in the North West and the rest of the UK. They have successfully presented at conferences and published results in *Education for Primary Care*.

Anne and David fully deserve the Paul Freeling award for their achievements. They have inspired a sustainable culture change in North West educators though their compassion and expertise.

Dr Bob Kirk

Ceremony Two: The RCGP Certificate of Commendation

Certificate of Commendation

The RCGP Certificate of Commendation is presented for outstanding contributions to the discipline of general practice and primary care. Candidates for the award should normally be either long standing Members of the College or non-medical people associated with general practice or the wider field of primary care.

Dr Simon Bailey

Dr Simon Bailey was nominated for the Certificate of Commendation by colleagues for his contributions towards general practice and training in East Anglia.

In his work as Regional Adviser in East Anglia he supervised training practices but became especially involved with medical refugees, overseeing a specific programme for them and still maintaining contact. One said: "He showed compassion outside his professional capacity and understood the suffering of people unable to reunite with their very young children."

Simon also acted as a support for trainee doctors in difficulty. Importantly, Simon's work with trainees was largely done before recognised national frameworks were in place and indeed many of the current systems have grown out of his original work in this area.

Simon was the Chairman of the Medical Staff Committee of Newmarket Hospital from 1995 to 1999. He was closely involved with the campaign to keep Newmarket Hospital open and was a member of the "ownership group" which successfully submitted the business case for the rebuilding programme which included 36 GP and rehabilitation beds.

Simon is active in the Worshipful Society of the Apothecaries of the City of London. He has served on the Livery Committee since 2003. This involves raising money for the Society's charities and Simon now chairs the main charity committee helping to raise funds and distributing grants to medical students in need, and to the City of London, medical and children's charities.

Simon has been committed to the care of others over the past 45 years. He has a great talent for bringing people together for the common good and his enthusiasm and drive are an example to all. Within the town of Newmarket, Simon set up a small trust – Newmarket Contact – which is registered with the Charities Commission. This was designed to help local people in need and to pay for a "home aid team" to work in the community. Help with repairs, decorating and gardening was offered.

Simon Bailey has given tremendous service to the town of Newmarket, working as a General Practitioner there for 45 years.

Professor Mayur Lakhani

Ceremony Two: The Michael Drury Award

The Michael Drury Award

The Michael Drury Award is presented to a staff member working outwith the College headquarters who has given exceptional service in terms of promoting the objectives and values of the College.

Ron Carrie

This year's Michael Drury award is presented to Ron Carrie, Regional Engagement Manager SW England.

As Faculty Chair, Ron has steered me through the different aspects of running the Faculty in a very calm and supportive way. His knowledge of College processes is enormous and what he doesn't know he finds out. His constructive responses mean that I have always felt I could ask for help and advice – and I have never been made to feel silly for asking!

Ron is amazingly organised, reliable and innovative.

His role means that he regularly travels huge distances across the South West, in order to support Faculty members. I am impressed by his ability to juggle his diary.

Ron's presence at Faculty Board meetings always enhances the effectiveness of our discussions. He has a clear understanding of the objectives of the College and ensures that as a Faculty we work to these.

He has worked hard to build links with Health Education England in the South West, which have enabled us to run CSA and AKT courses in partnership with them. More recently, Ron's efforts have contributed to the introduction of masterclasses in Resilience, supporting our GP training colleagues and AiTs. He is always open to suggestions about possible developments and is happy to research ideas and explore their viability.

Colleagues have said that they have not once heard him grumble. He approaches every task with good humour and a proactive positive approach.

I have found Ron to be an invaluable asset to the Faculty and to the RCGP. I am so glad that he is being recognised for the enormous amount of work that he does and the support he gives to the Faculty.

Dr Susanna Hill

Fellowship is our highest grade of membership and a way of recognising some of the many achievements of our Members. We want Fellowship to be relevant for all the different career patterns of our Members including portfolio or part time GPs. We hope that today's Fellows and their guests will feel very proud that being recognised by one's peers as being exceptional is a great accolade.

The list below includes all Fellows to be appointed at the Spring General Meeting, although not all can be present on the day of the ceremony.

FRCGP [INT] is indicated on the list by [INT]. Fellows marked with * were unable to attend previous meetings.

NAME/FACULTY	CITATION
Dr Alistair Acheson East Scotland	Dr Acheson has worked as a GP partner for 29 years in Scotland. He is a committed generalist involved in all aspects of holistic care in the community. His interests include research, respiratory and dive medicine and out of hours care provision. He is a founder member of British Association of Immediate Care Scotland (BASICS).
Dr Sebastian Alexander East Anglia	Dr Alexander was a GP partner in Cambridge. He also founded the out of hours service Cambridge Doctors on Call (CAMDOC) in 1992, was an assessor for the General Medical Council (GMC), worked for the Clinical Commissioning Group (CCG) and was one of the first leads for Choose and Book. He now works for NHS Digital on Patient Safety.
Dr Gail Allsopp Vale of Trent	Dr Allsopp is an author, actor, newspaper columnist and Associate Professor at Nottingham University, leading on primary care careers. She led the first national GP urgent care course, launched the "GP consultant model" and more recently "The GP academy?", using medical education to train and retain GPs in the East Midlands.
Dr Debbie Argent North and West London	Dr Argent is a GP partner and has been an educator throughout her career - teaching undergraduates, foundation doctors and now as a GP trainer. She is an established appraiser. She takes pride in nurturing and enthusing others about primary care in her various roles.

NAME/FACULTY	CITATION
Dr Farnaza Ariffin [INT] International	Dr Ariffin is an Associate Professor and Head of Primary Care at Malaysia's University Technology MARA. Her career as a GP spanned 12 years with 8 years academic experience. She is heavily involved in the development of postgraduate national curriculum and publishes on clinical audit and research. She says that "becoming a fellow is an honour!"
Dr Michael Bellamy Wessex	Dr Bellamy is the senior partner at his practice in Jersey. He has represented the Islands' GPs politically and has provided musculo-skeletal services to Islanders. He is the longest serving Medical member of The Mental Health Tribunal and is a Director and Medical Advisor to Macmillan Jersey.
*Dr Norman Byrd Leicester	Dr Byrd is senior partner in a happy, thriving training practice in the West Midlands. His specialist interest is sports medicine. Additionally, he practises secure medicine at a local prison and works for NHS England as a GP adviser. He still very much enjoys being a GP!
Dr Laurence Carter Wessex	Dr Carter has been a full-time partner for 25 years in rural Wiltshire. He is a trainer and RCGP examiner. He is proud to be a specialist in family medicine and to have helped so many other doctors at the start of their careers in general practice.
Dr Ming Chan Overseas	Dr Chan is the immediate past President of the Hong Kong College of Family Physicians. He is a GP trainer and keen on undergraduate teaching with the honorary title of Clinical Associate Professor, University of Hong Kong. He has been instrumental in running the GP exit examination in Hong Kong.
*Dr Kailash Chand North West England	Dr Chand is a long-standing campaigner for general practice, spanning three decades. He has written over 1,400 articles, many of which have informed policy or politicians. He has held senior posts in the NHS and the British Medical Association (BMA) and won many accolades including an OBE for services to the NHS.

NAME/FACULTY	CITATION
Dr Rowena Christmas South East Wales	Dr Christmas is a GP partner in Monmouthshire, GP appraiser, Local Medical Committee [LMC] member, RCGP UK Council representative and a member of the Steering Group of the Welsh Medical Committee. She is passionate about the importance of safeguarding and is a Bevan Exemplar for this work. She says she "still loves general practice!"
Dr Karen Chumbley Essex	Dr Chumbley is a clinical leader in palliative and end of life care within North East Essex. She says that "the successful delivery of enhanced services has resulted in high levels of identification of people approaching the end of life, successful advance care planning and improved patient outcomes."
Dr Ching-wa Chung East Scotland	After 20 years, half of which have been full time, Dr Chung is the longest serving partner at the Abbey Practice in Arbroath, Scotland. For the last 10 years he has also been an active member of the GP teaching team at Dundee Medical school, leading on clinical communication skills teaching.
Dr Michael Clarke Republic of Ireland	Dr Clarke has been a GP in County Monaghan, Ireland for the past 30 years. His practice embraces GP training and undergraduate tutoring. He has specific interests in care of the elderly and provision of services to adults with Intellectual Disability.
Dr Mary Davin-Power Republic of Ireland	Dr Davin-Power is a GP and has long been engaged in medical education in Ireland, as undergraduate tutor, CME tutor and in faculty liaison, promoting closer engagement with the Irish College of General Practitioners. As Senior GP Risk Advisor with Medisec Ireland, she promotes risk reduction in general practice and assists colleagues who find themselves the subject of a claim.
Dr Steph Dyer Tamar	Dr Dyer has been a GP partner in Ashburton for 18 years. She is a Locality Commissioner and works in the local Acute Medical Unit. She has an enthusiasm for student teaching, promoting general practice as a career, and for encouraging GPs to be more involved in commissioning.

NAME/FACULTY	CITATION
Dr Katherine Emslie-Smith East Scotland	Dr Emslie-Smith has worked for more than 25 years in a deprived urban practice, with emphasis on patient led care, advocacy and improving health literacy. She has been a GP appraiser for 14 years and teaches undergraduate students, imparting enthusiasm for general practice from the earliest point of training.
Dr Colin Fitzpatrick Northern Ireland	Dr Fitzpatrick has practised in Comber, County Down, for over 25 years. He is Clinical Director of Primary Care in South Eastern Trust; responsible for clinical leadership of primary care services, including GP out of hours. He is Senior Adviser for the Practitioner Performance Advice Service and an experienced mediator.
Dr Justin Geddes Tamar	Dr Geddes has a specialist interest in urgent care. He is currently Chief Executive Officer of Devon Doctors, a specialist provider of Integrated Urgent Care. He combines this with working as a salaried GP and working out of hours.
Dr Ian Gibson East Anglia	Dr Gibson has a portfolio career. He is a GP, an appraiser, a trainer and Associate Medical Director at NHS England (East). Throughout his varied career, he has supported dozens of GPs through performance issues, training and regulatory problems. He is a passionate advocate for primary care.
Dr Michael Guy North East England	Dr Guy is a specialist physician in primary and urgent care, working in an urgent treatment centre. He was a GP partner for 28 years, GP trainer, GP tutor, PCG chair, PEC chair, Joint Acting Chief Executive and PCT Medical Director. He also does Care Quality Commission (CQC) inspections and Practitioner Performance Advice assessments.
Dr John Havard East Anglia	Dr Havard is passionate about innovation in Primary Care. He has won Health Service Journal (HSJ), RCGP and NHS Alliance Awards but is currently working on a replacement for the 1937 Foley catheter. After seven years, the human trials of the brand-new Flume indwelling urinary catheter are underway in Bristol and Southampton.

NAME/FACULTY	CITATION
Dr David Hill South West Thames	Dr Hill has been a GP for nearly 30 years in Oxted, Surrey and is the senior partner there. He is Assistant Clinical Chair of East Surrey CCG and is a Clinical Director and the Clinical Lead for Urgent Care across the Central Sussex and East Surrey Commissioning Alliance.
Dr David Hindmarsh South East Thames	Dr Hindmarsh has been a GP in Kent for 29 years. He has been a trainer, a course organiser, hypnotherapist, and has run a group for young people with anxiety. He has written a number of books about research. He organises educational small group work with other local GPs.
Dr Rachel Hopkins North East London	Dr Hopkins set up an inner-city practice over 20 years ago and still actively leads it as a partner now. She has developed interests in working with patients from different cultural backgrounds, the care of patients with personality disorders and in chronic pain management. She enjoys the variety of inner-city work and encourages her trainees to be interested in seeing patients typically labelled "difficult".
Dr Elisabeth Hopman East Anglia	Dr Hopman is a portfolio GP, an appraiser, an Institute of Leadership and Management Coach and Mentor, and a GP tutor at Norwich Medical School. She is a linguist and loves human narrative and embracing difference. She is passionate about general practice, education and life-long learning, working collaboratively and enabling others to be the best that they can be.
Dr Margaret Ikpoh Humber and the Ridings	Dr Ikpoh is a partner and trainer in an East Yorkshire practice. Her portfolio career includes being an Associate Directorship of Primary Care for Hull York Medical School and an appraiser. She is passionate about research - she is the current Yorkshire and Humber Clinical Research network co-Champion for First5 GPs and GP trainees.

NAME/FACULTY	CITATION
Dr Imran Jawaid South East Thames	Dr Jawaid is a portfolio GP who has contributed to education, assessments, performance and guidelines at medical schools in the UK and Japan, GMC, NHSE and National Institute for Health and Care Excellence (NICE). He had a key role in the design and delivery of the GP Pharmacist Training Pathway. He is the RCGP Antimicrobial Resistance Representative.
Dr Karen John South West Thames	Dr John has been a GP and educator for more than 30 years and is committed to lifelong learning. She is now retired and using her wealth of experience and skills as an independent GP, supporting a Clinical Harm Team at a local London teaching hospital.
Dr Alison Johnston Cumbria	Dr Johnston is a GP partner in Ulverston in South Cumbria and Clinical Lead for her local Integrated Care Community. She has worked collaboratively with three other practices to improve care for the local community through multidisciplinary team working. She also enjoys regularly teaching medical students.
Dr Baljit Kalsi Tamar	Dr Kalsi has been a GP partner in Barnstaple for 26 years. He believes that he has always tried to work to the highest of standards, to help people, to listen to them and provide them with a type of care that is supported by skill and empathy.
Dr John Kennedy East Scotland	Dr Kennedy, a GP principal for 20 years and educational supervisor, is the Clinical Director for the East Fife Health & Social Care Partnership. He developed local GP clusters, and has worked collaboratively on frailty models and the new Scottish GP contract. He is involved with implementation of the new postgraduate medical school, ScotGEM.
Dr Richard Knox Vale of Trent	Dr Knox is an academic GP in the University of Nottingham School of Medicine. He is Deputy Lead for Primary Care Education, and Co-Director of Professionalism and Ethics. He enjoys spending time with his wife and three small children and is an active member of his local church.

NAME/FACULTY	CITATION
Dr Barbara Laue Severn	Dr Laue has been a GP partner, salaried and locum GP. She trained 9 GP registrars and completed a Masters in Medical Education. She is a GP appraiser and Senior Teaching Fellow at Bristol University, responsible for curriculum design. She has been involved in research and has written a chapter in an undergraduate text book for primary care.
Dr Kamal Mahtani Thames Valley	Dr Mahtani is a GP working in East Oxford and is an Associate Professor at the University of Oxford. As well as providing direct care to his patients, he is committed to generating robust evidence that informs clinical care and services in general practice, taking into account the values and preferences of individual patients.
Dr Salahuddin Malik East Scotland	Dr Malik is a GP in Dundee, committed to teaching, training, appraisal and practice development. He helped his practice gain GP training approval and became involved with training for doctors in difficulty. He is committed to addressing health inequalities - he is presently lead GP in a previously failing Deep End practice.
Dr Karen Marlow Leicester	Dr Marlow has a portfolio career, working as an appraisal lead, as a rural salaried GP, a trainer and as an appraiser. She is proud of the GPs she has trained, who are now developing their own practices in the area. She is also passionate about the value of annual GP appraisal.
Dr Sanjeev Maskara Essex	Dr Maskara is a GP partner, appraiser, trainer and GP Specialist adviser for the CQC, and CCG board member. He has practised in the UK, Australia, and India, for almost 24 years. Apart from his clinical responsibilities, his special interests are care for the elderly and chronic disease management and he is passionate about teaching and research.

NAME/FACULTY	CITATION
Dr Ursula Mason Northern Ireland	Dr Mason is a GP partner in Carryduff, a GP trainer and a GP Training Programme Director (TPD) within the Northern Ireland Medical and Dental Training Agency. Clinically, she has an interest in women's health, family planning and prescribing. As an educator, she enjoys sharing her enthusiasm for general practice with trainees and medical students.
Dr Catherine Maytum Severn	Dr Maytum has been GP Lead for an inner-city Bristol Alternative Provider Medical Services (APMS) practice with a particular outreach to 'hard to reach' groups, for 10 years, since its inception. The surgery list size has grown to 10,500 and hosts a walk-in- centre. She also works as a GP trainer and appraiser.
Dr Peter Merrin Tamar	Dr Merrin is a trainer in a semi-rural Cornish general practice. He has been immediate past chair of Cornwall and Isles of Scilly LMC. He believes in quality, GP led primary care and has been at the forefront of primary care development in Cornwall. His learners and patients have taught him much over the last 20 years.
Dr Ray Montague Severn	After 26 years as a GP partner in one of the UK's most deprived populations, Dr Montague still thinks general practice is a unique and rewarding career. He has also enjoyed "raising the game" of the GP urgent care environment which remains for him the most exciting part of general practice.
*Dr Anne Mullin West Scotland	Dr Mullin has worked in a practice with Deep End patients for 25 years. She has an interest in child welfare and health inequalities. She believes that a consensus about progressive policies amongst the profession is important to future proof the role of the GP in this complex world of health care.
Dr Lionel Nagle Essex	As a local GP, Dr Nagle has spent 21 years as a TPD seeing the group start with 3 and growing to 60 trainees. As a partner for 27 years, his practice has become a learning organisation and a leading innovator in Southend leading to growth from 3,400 to 21,000 patients.

NAME/FACULTY	CITATION
Dr Masood Nazir Midland	Dr Nazir is the executive partner for a 26,000 patient practice in Birmingham. He holds a number of other local and national influential roles. At NHS England, he is the Senior Responsible Officer (SRO) for Primary Care Digital Transformation and he led the Patient Online programme across England. He was the first GP awarded Chief Clinical Information Officer (CCIO) of the Year (2016).
Dr Philippa Neville Severn	Dr Neville is a GP partner in Minehead, Somerset, where she has worked very happily for 30 years. As a medical student host, GP Lead for Taunton Academy, GP trainer and as a TPD she has been privileged to have contributed to many levels of GP Education.
Dr Gerard O'Flaherty Northern Ireland	Dr O'Flaherty is a GP in Riverside Practice, Strabane, County Tyrone. He is a trainer and appraiser. He was the lead GP when Riverside Practice was only the second practice in Northern Ireland to be awarded the RCGP Quality Practice Award in 2003.
Dr Noel O'Kelly Vale of Trent	Dr O'Kelly has been a GP in Lincolnshire for 30 years. He was one of the first GPs with Special Interest (GPwSI) in Respiratory Medicine and is also a Clinical Director in a large community trust in Leicestershire. His clinical interests include research, leadership development and quality improvement across care settings.
Dr Jo Osborne South West Thames	Dr Osborne has been a GP for 20 years, and works as a partner in Merstham, Surrey. She is a trainer and an appraiser and enjoys being able to support her peers. She also has a special interest in dermatology and palliative care.
Dr Lynn Ovenden Vale of Trent	Dr Ovenden has been a GP for 25 years and is managing partner of Castle Healthcare, a 13 doctor practice in West Bridgford, Nottingham. She is clinical lead for community services in Rushcliffe and Governor of Partners Health LLP: a collaboration of 12 local practices.

NAME/FACULTY	CITATION
Dr Andrew Nicholas Papanikitas Thames Valley	Dr Papanikitas is a GP in Oxford. He is currently President-Elect of the Royal Society of Medicine General Practice Section and Deputy Chair of the RCGP Committee on Medical Ethics. He recently edited an award-winning text on primary care ethics and is working to develop postgraduate medical ethics education nationally.
Dr Sophie Park Bedfordshire and Hertfordshire	Dr Park is a Hertfordshire GP, Associate Professor and Director of Primary Care Medical Education at UCL Medical School. Her research and teaching embrace patient engagement in general practice learning, and primary health care services sustainability and delivery. Nationally, she is Society for Academic Primary Care (SAPC) Education Research Chair and School for Primary Care Research (SPCR) Evidence Synthesis Training Lead.
Dr Bakula Patel Vale of Trent	Dr Patel is a GP and GP educator in Nottingham and is passionate about educating the workforce of tomorrow. She is the academic lead for the penultimate and final year primary care attachments at the University of Nottingham. She is involved in mentoring and supervising newly qualified GPs, pharmacists and nurses.
Dr Dinusha Priyadharshani Perera [INT] International	Dr Perera works as a lecturer in family medicine and is an academic general practitioner at the Faculty of Medicine, University of Kelaniya, Sri Lanka. She has a special interest in medical education and is an experienced GP trainer in Sri Lanka. She is also very proud of her work with the MRCGP [INT] South Asia team and is the current lead for the Applied Knowledge Test (AKT) paper.
Dr Alexander Potter West Scotland	Dr Potter is a GP Clydebank since 1989 and a GP trainer since 1999. He has been a Greater Glasgow & Clyde LMC representative since 2008.

NAME/FACULTY	CITATION
Dr Mahibur Rahman Midland	Dr Rahman is a portfolio GP passionate about GP careers and medical education. In 15 years of teaching at Emedica, he has helped thousands of doctors succeed throughout GP training, MRCGP and beyond. His interest in humanitarian medicine has seen him deployed to Sri Lanka, Pakistan, Greece and Bangladesh.
Dr Helen Rainford South Yorkshire North Trent	Dr Rainford is a grassroots GP partner, trainer and GP tutor for the Induction and Refresher scheme at a practice in a socio-economically deprived area. She ensures her trainees develop a true understanding of health inequalities within her practice population. Her enthusiastic teaching style has ensured the retention of doctors in Barnsley.
Dr Helen Riches South East Scotland	Dr Riches has worked as a GP in Edinburgh for 22 years and as an Honorary Lecturer, involved in undergraduate teaching at Edinburgh University, since 2000. She has been an active member of the RCGP Adolescent Health Group and continues to promote adolescent health as a specialty within its own right.
Dr Anand Rischie Midland	Dr Rischie is passionate about general practice and our National Health Service. He says "that NHS has given him an opportunity to serve a population without any prejudice to people who rightly deserve the best possible services". An appraiser, he is also actively involved in commissioning work, is chair of Walsall CCG and in training the next generation of GPs.
Dr John Robinson Thames Valley	Dr Robinson was a GP in Oxfordshire for 33 years. He is now a Clinical Informatician. His roles include Senior Clinical Adviser to NHS Digital and Clinical Adviser to PRIMIS at the University of Nottingham. He is a founding Fellow of the Faculty of Clinical Informatics and chairs the Primary Care Group of the British Computer Society.

NAME/FACULTY	CITATION
*Dr Lindsey Ross North Scotland	Dr Ross, a true generalist, has 30 years' experience as a partner in Golspie then Dingwall practices in Highland. High quality patient care, teaching undergraduates, mentoring school pupils with an interest in a career in medicine, she is actively involved clinical informatics and is enthusiastic in the diagnosis, detection and treatment of blood borne viruses.
Dr Richard Rudgley Thames Valley	Dr Rudgley has been a full time GP at his practice for 26 years and a trainer since 2005. He still has plenty of energy and enthusiasm for change in general practice. In particular, he is proud to have helped trainees who have had difficulties and encourages a multidisciplinary approach within the practice.
Dr Margaret Scargill South Yorkshire North Trent	Dr Scargill chose to practice in her hometown of Barnsley; an area of high socio-economic deprivation. Her stoicism and determination facilitated the rebuilding of a failing surgery into a successful 8 partner teaching practice. As lead GP for palliative care and a former trainer, she adopts a pragmatic and occasionally an unconventional approach to her roles.
Dr Farrah Shahzad [INT] International	Dr Shahzad works as a senior GP in the Ministry of Health Brunei. She is a GP trainer and has been an examiner for MRCGP [INT] for the last 14 years. She has special interests in women's health and chronic diseases. She has good leadership and organisational skills as a Head of Health Centre.
Dr Anjla Sharman Vale of Trent	Dr Sharman enjoys a portfolio career in the East Midlands combining clinical, education, management and leadership roles. She is passionate about supporting colleagues and promoting equality for all. She is a successful innovator, having developed numerous educational initiatives. She also helped set up GP-S, a primary care mentoring service.

NAME/FACULTY	CITATION
Dr Amit Sinha Essex	Dr Sinha is GP partner, trainer, appraiser. He has worked as senior partner, CRS Board member, CCG clinical lead and vice chair, Planned Care. He obtained MRCP. He is interested in innovative chronic disease management in primary care, charity work and propagation of medical education and RCGP motto <i>Cum Scientia Caritas</i> to developing countries.
*Dr Saeed Salah Abduljalil Soliman [INT] International	Dr Soliman works as a lecturer of Family Medicine at Cairo University. He has special interests in diabetes, chronic diseases and the elderly, as well as medical education, medical technology, and research. He is also supervisor of training, board member and examiner of the Egyptian Family Medicine Fellowship.
Dr Claire Stewart Thames Valley	Dr Stewart is a GP who loves medical education. She has had various roles in postgraduate and undergraduate medical education including as GP trainer, Programme Director, Associate GP Dean, and Assessment Lead for a MBChB degree. She is passionate about patient centred care and believes that excellent medical education enables outstanding care.
Dr Lesley Sunderland Yorkshire	Dr Sunderland is a partner at the Street Lane Practice Leeds and Clinical Lead for the Community Dermatology Service. As a GP with Extended Role (GPwER) she has trained colleagues, written referral guidelines and championed the citywide Dermatology Clinical Network, where hospital dermatologists, commissioners and GP providers link to improve dermatology patient care.
Dr Yogarabindranath Swarna Nantha [INT] International	Dr Swarna Nantha is an academic general practitioner at the Seremban Primary Care Clinic, Malaysia. His area of expertise includes non-communicable diseases and health services research. He received the Young Researcher Merit Award in 2017. He is currently pursuing his PhD with Monash University, Australia.

NAME/FACULTY	CITATION
Dr Steven Taylor East Anglia	Dr Taylor is a partner in a seven-site practice in Great Yarmouth. He has been involved in practice teaching of GP registrars and foundation doctors since 2004 and has been a programme director of the Norwich GP Speciality Training Scheme since 2008.
Dr Sankaranarayanan Thirumalaikumar Midland	Dr Thirumalaikumar is working in inner city Birmingham, where predominantly refugees and the immigrant population are registered with complex health care needs. He believes that such communities deserve the best possible care in order to improve mortality and morbidity. He has led by example as a GP and by enthusing others in his roles as trainer and appraiser.
Dr Ranajit Ukil Essex	Dr Ukil is a full time GP partner in a busy teaching practice and lead in different clinical and management areas. He is also GP trainer for the Mid Essex team and teaches FY2 (Foundation) doctors and medical students in the practice. He is also GP appraiser of the NHS England Team.
Dr Patrick Wills Wessex	Dr Wills, a GP partner and trainer, also enjoys medicine as a portfolio GP. He is an associate specialist in sexual health and GPwSI in dermatology. He tries to bring knowledge of these specialties back to the surgery, but also to bring the skills of the GP to these specialties.
Dr Idnan Yunas Midland	Dr Yunas is a GP partner in Edgbaston, a GP trainer, a GP appraiser and a TPD in North Birmingham. He is also a governor at both King Edward's School, Birmingham and King Edward VI High School for Girls in Edgbaston.
Dr Imran Zaman Midland	Dr Zaman, a GP principal in Birmingham says "I have been involved with wonderful innovations such as the Unlocking Social and Economic Innovation Together (USE-IT) programme helping refugee doctors, and Doctors Worldwide Postgraduate Diploma for humanitarian aid." He adds "Here's to the dreamers, who believe the world can be better and dare to make it so".



Royal College of General Practitioners



