



This is to certify that

[Your Name]

Has attended an in-person **(1)** training session on

Adult and Paediatric (2) Basic Life Support (BLS) and use of an Automated External Defibrillator (AED) (3)

On

[Date] **(4)**

[Name of the approved Resuscitation Council trainer/assessor or equivalent] **(5)**

Certificates uploaded to the Trainee Portfolio don't have to look exactly like this one. This is provided as an example to show what the absolute minimum amount of information should be provided on the certificate.

1. GP registrars must attend a hands-on/face-to-face course, not an online course – online only evidence of CPR and AED is not acceptable. The certificate should make it clear that the course was face-to-face/hands on/in person.
2. Evidence of competence in CPR and AED must be provided for both children and adults, unless there is no paediatric exposure in any placement during that period in which case there is only a need to show adult CPR and AED competence. The certificate should make it clear that the course covered both adults and children. If the course did not contain a paediatric element, then more evidence of demonstrating competence in this area must be provided, for example: by taking a Basic Life Support (BLS) course that does include a paediatric component or the separate paediatric ILS.
3. Competence in AED only needs to be demonstrated for adults.
4. Competence should be demonstrated by attendance every 12 months at a training session. The date on the certificate should not be more than 12 months prior to the ARCP panel.
5. The session/course that the GP registrar attended must have been run by an approved Resuscitation Council trainer/assessor or equivalent.