



## CEGPR Top Tips

Dr Charlotte Cant shares her 'top tips' for successfully completing a CEGPR application

- First of all, if you decide to pursue registration as a GP in the UK, do the footwork to determine the path of least resistance. For example, that could mean avoiding retraining or examination.
- Read the application instructions at least three times before even beginning to prepare your evidence.
- While reviewing the application instructions, keep a very specific and thorough list of all people you will need to contact, as well as all sources of evidence whether they are existing diplomas, job descriptions, etc - or essays which need to be written.
- Once this list is completed, determine your approximate timeline for submitting all evidence.
- While writing essays/reflections have at least one or two individuals (and one of whom was trained and works as GP in the UK) review your reflections. If in doubt, ask questions of your reviewer to make sure your evidence is applicable.
- Do not hesitate to ask CEGPR application staff questions if any arise. They will try to help.
- At the same time, if the application staff say something will take eight weeks - it will take eight weeks. There is no way to speed up the process.
- Be very careful and check application materials multiple times to make sure all patient identifiers are removed (white them out) and that all pages of the application are stamped as per directions and/or signed by solicitor/notary.
- Keep copies of all paperwork in case anything is lost in transit.
- Be patient! Sometimes you will wait longer than you'd like for a response.
- Once I arrived in Scotland, the clock was ticking for me to begin working. For this reason, I chose to meet in person with the council staff so as to expedite my National Performer's List application. I had all paperwork in hand as well as documents. I brought anything and everything I could imagine might be needed which was very helpful. We were able to determine which documents fulfilled the application requirements and my Performer's list application was approved quickly.

