Patient information on how to use TOPICAL skin treatments

i. Factsheets for Emollients (Moisturisers)
   • National Eczema Society
   • Nottingham Support Group for Carers of children with eczema

ii. Factsheets for Topical Corticosteroids
   • National Eczema Society
   • Nottingham Support Group for Carers of children with eczema
   • British Association of Dermatologists

iii. Factsheets for application of topical treatments to treat pre-cancerous and cancerous skin conditions
   • 5-flurouracil (Efudix/Actikerall) (British Association of Dermatologists) and Dermnetnz
   • Imiquimod (Aldara/Zyclara) (British Association of Dermatologists) and Dermnetnz

iv. Videos
   • The British Association of Dermatologists has informative videos on:
     o How to apply moisturisers (emollients)
     o How to apply Topical Corticosteroids
     o How to treat Scalp psoriasis
   • Videos on eczema treatments in children including how to apply topical steroids and emollients (moisturisers)
     o Itchysneezywheezy Eczema Videos 13 short videos on eczema in children including topical emollients, bathing, topical steroids and children's experiences of eczema.
     o Birmingham Children's Hospital video on bathing, emollient and topical steroid application in children.
     o Sheffield Children's hospital video on emollients and how they should be applied in children.