

National Education Programme for General Practitioners

# Health and Work in General Practice

The RCGP invites all General Practitioners to an interactive half-day workshop on managing work and health issues in their patient population



**Date: Wednesday 8th July 2009**

**Time: 12:30–16:00**

**Venue: The Holiday Inn, The Ringway, Preston PR1 3AU**

## DID YOU KNOW?

**“If your patient is off work for 6 – 12 months there  
is a 90% chance they will never work again.”  
(Waddell & Burton, 2006)**

**“Suicide in young men who have been out of work for  
More than 6 months is increased by 40 times.”  
(Wessely, 2004)**

**“Anxiety and depression are 2 – 3 times more common in  
people who are out of work.”**

**£15 for RCGP members  
£20 for other delegates**

**Please book early - only 30 places per workshop**

**Further application forms can be downloaded from the RCGP website:  
[www.rcgp.org.uk/healthandwork](http://www.rcgp.org.uk/healthandwork)**

**Registered Charity Number 223106**



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There is considerable evidence that enabling people to return to work is good for their long term health. Worklessness causes poor health and health inequality. People who have never worked have the highest rate of chronic health problems, six times higher than those in higher managerial and professional occupations. After two years on Incapacity Benefit an individual is more likely to retire or die than return to work.

Many patients require active support to be able to return to work or to continue working with a medical condition and, for the majority, GPs are the trusted first point of contact and guidance for those with such health problems. Doctors have a duty of care to act in the best interests of their patient and there is evidence that GPs find sickness absence management particularly challenging and may be unsure of what they and their team should do. This can be a source of conflict in the consultation.

The purpose of this training is to increase the knowledge, skills and confidence of GPs in dealing with clinical issues relating to work and health; to ensure that they are aware of their responsibilities in this area and to signpost additional means of support which will enable them and their teams to be confident that they are providing the best possible care for these patients.

The Royal College of General Practitioners, with funding from the Government, is rolling out a programme that will be delivered through a series of interactive half-day workshops throughout Great Britain. The programme is designed to promote change of behaviour/practice in GPs to enhance support to patients by increasing knowledge base and skills, and enable GPs to manage the patient with work/health issues to a similar level to that provided to patients with conditions in other clinical areas.



- 12:30** Lunch
- 13:00** Introduction
- 13:10** Work and health - the evidence and the GP consultation
- 14:30** Coffee break
- 15:00** Managing the return to work
  - strategies and skills for the everyday consultation
- 15:45** Practical tips
- 16:00** Close

Registered Charity Number 223106





Royal College of  
General Practitioners

# Booking Form Health and Work in General Practice

Date: Wednesday 8th July 2009, 12:30–16:00  
Venue: The Holiday Inn, The Ringway, Preston PR1 3AU

Delegate Fee:  
£15 for RCGP Members and Associate Members / £20 for other delegates

**PLEASE BOOK EARLY—ONLY 30 PLACES PER WORKSHOP**

Please use **BLOCK CAPITALS** in black ink

Cancellation policy overleaf

## Delegate details

<b>Title</b>	<b>First name</b>
<b>Surname</b>	
<b>Job title</b>	
<b>Address</b>	
<b>Postcode</b>	
<b>Daytime Tel</b>	
<b>Email</b>	
(All correspondence will be sent via email unless you prefer otherwise)	
<b>Primary Care Trust</b>	
<b>GMC No</b>	

## Special dietary requirements

<b>Vegetarian / Vegan / Other</b>
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## Special needs

<b>Wheelchair access / Hearing loop / Other (please state)</b>
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Please return the completed form to:

Nikki Wright, Project Administrator, RCGP National Faculties Office,  
Suite 6 Fosse House, East Anton Court, Icknield Way  
Andover, Hampshire SP10 5RG  
Tel: 01264 353618 Email: [projfac@rcgp.org.uk](mailto:projfac@rcgp.org.uk)

Please turn over for payment details

# Booking Form Continued...

## Payment details

To guarantee your booking you will need to send us a completed booking form and the full delegate fee. You can either do this by enclosing a **Cheque** made payable to 'RCGP' or by requesting an **Invoice** (where the contact name has agreed to fund your place in advance).

Please indicate your method of payment below:

**By post and cheque**  
I enclose a cheque made payable to 'RCGP' for £ \_\_\_\_\_

**By invoice**  
Please send an invoice for my delegate fee to this address

**Contact** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

**Postcode** \_\_\_\_\_ **Tel** \_\_\_\_\_

The information given on this form will be processed in accordance with the Data Protection Act

## Terms and conditions

1. All bookings will be confirmed within one week of receipt of a booking form and full payment.
2. Bookings can only be secured by payment of the full delegate fee and places are allocated on a first-come first-served basis.
3. An invoice will be sent on receipt of a booking form—if a cheque has already been enclosed with the booking form this will be marked as 'received with thanks' - this is your receipt.
4. Cancellations will only be accepted in writing (email is fine).
5. Cancellations received more than 4 weeks before the course will be refunded in full.
6. Cancellations received within 4 weeks of the start of the course will not be refunded however, substitute delegates will be accepted at any time.

By signing this booking agreement I confirm I have read and agree to the terms and conditions above.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_