

Diary of Events 2010



Drug Misuse Training Certificate Part 1

26.02.2010
Novotel Hotel, Cardiff

Alcohol Misuse Training

19.03.2010
Novotel Hotel, Cardiff

Drug Misuse Training Certificate Part 2

16.04.2010
Novotel Hotel, Cardiff

Alcohol Misuse Training

21.05.2010
Marriott Hotel, Swansea

WaMH in PC Conference

10.06.2010
Mercure Holland House Hotel, Cardiff

Alcohol Misuse Training

25.06.2010
St David's Hotel, Ewloe

All Wales Practice Managers Conference

16&17/09/2010
Venue Cymru, Llandudno

Drug Misuse Training Certificate Part 1

08.10.2010
Novotel Hotel, Cardiff

Message from the RCGP Wales Chair

It was an enormous pleasure and privilege to attend the second RCGP Wales Patient Nomination Awards held in December at City Hall Cardiff.

We received 170 nominations from patients for their GPs. I am sure that none of you will be at all surprised to learn that the truly moving testimonies we received made no mention of targets at all! All contained stories of true dedication and of kindness and compassion, often in circumstances when our most advanced treatments were of no avail. Congratulations to all our worthy finalists.

In just ten years since Devolution, we have seen two major reorganisations of NHS Wales, with current uncertainty as the latest changes take effect. In the next ten years we may face even more change, with much greater emphasis on financial stringency.

As GPs it is our role to act as advocates for our patients and we should engage with the changes taking place wherever possible to ensure that the most vulnerable are protected from the cold winds of service cut backs. I urge you all to respond to the current consultation on social service provision.

The good news is that the second peak of swine flu may have passed. This has been helped by all the hard work that has gone into immunising those most at risk. There had been real fears that this pandemic may have been as dangerous as the avian flu. Fortunately this has not been the case, but lessons have been learnt in the event of a more deadly pandemic in the future. Real gratitude has been genuinely expressed by the Assembly for the hard work of primary care in helping to contain this outbreak.



**Dr Bridget Osborne FRCGP
Chair RCGP Wales**

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We're on the Web!

www.rcgp-wales.org.uk

RCGP Wales Nomination Awards and Practice Administration Team Award 2009



RCGP Wales has awarded the second Patient Nomination and Practice Administration Team of the Year accolades at a Gala Awards evening on Friday 11 December 2009 at Cardiff City Hall. These awards recognise excellence in General Practice and celebrate the outstanding contribution of GPs and Practice Teams across Wales.

The black tie event was attended by Dr Tony Jewell, Chief Medical Officer for Wales, Dr Bridget Osborne, Chair of RCGP Wales, Dr Clare Gerada Vice-Chair of RCGP, Dr David Johnston, Chair of RCGP Northern Ireland, Dr David Bailey, GPC Wales Chairman and key members of the RCGP Wales Council.

The 2009 awards have built on the success of the inaugural awards in 2008 for both the patient nominated GP award and the Practice Administration Team award.



The winning GP was Dr. Ian Williams, Meddygfa Gyffin, Conwy (left) & Dr Tony Jewell Chief Medical Officer for Wales



Members of RCGP Wales Patient Group, (left to right) Mrs Jenny Robbins, Mrs Jacqui Storer & Chair of the Group Mrs Gillian Whitehead

Dr Bridget Osborne Chair of RCGP Wales, believes that:
'Creating the opportunity for patients to nominate their GP for an award gives us an important insight into the dedication of grassroots GPs who play an important role not only in treatment, but as a valuable member of the community.'

The Practice Administration Team award recognises the tremendous contribution that the whole team makes to General Practice in Wales'

The Results

Patient Nomination Award

- The winning GP was Dr. Ian Williams, Meddygfa Gyffin, Conwy
- The first runner up was Dr Gwynfor Evans, Meddygfa Gyffin, Conwy
- The second runner up was Dr Kathy Pinkham, Brynteg Surgery, Ammanford



Practice Administration Team Award

- The winning Practice Administration Team was Oak Tree Surgery, Bridgend
- The first runner up was South Street Practice, Bargoed
- The second runner up was Whitchurch Village Practice, Cardiff

Winning Practice Oak Tree Surgery, Bridgend



Mr Roy Thomas
Chair of Kidney Wales

The Gala Award Event also raised £1,520 for the RCGP Wales Charity Partner, Kidney Wales Foundation.

Chair of the charity Roy Thomas said:

“Kidney Wales Foundation are absolutely delighted with this donation from RCGP Wales.

It was very heartwarming to hear the patient stories first hand and I'm positive this work will go from strength to strength.”

WaMH in PC Network

On an annual basis the Wales Mental Health in Primary Care Network (WaMH in PC) provides bursary payments to encourage innovation and support for Mental Health in Wales. Any individual or organisation working within primary care mental health services in Wales can apply for an award and early this year Dr Huw Lloyd, Chair of WaMH in PC, launched the 2009 bursary scheme with an announcement that bursaries of up to £3,000 per applicant, were available.



Since their launch in 2003 WaMH in PC bursaries have helped to fund 13 projects, which have made a real difference to the well being of the people in Wales. It is clearly evident in 2009 that the need to demonstrate new ways of thinking and working, by placing the patient at the heart of all outcomes, is not diminishing and has been supported by the submission of 13 new high quality, innovative, person centredness bursary applications.

This amazing response, given the limited funding available made the judges' deliberations extremely difficult. However WaMH in PC is pleased to announce that funding has been made available to three projects:

*** Therapeutic strategies for patients and carers living with cancer**

Alys Cole-King

*** Perinatal support group**

Abertaw Bro Morgannwg University Health Board

*** Mindfulness Based cognitive therapy for the prevention of relapse in depression**

Centre for Mindfulness Research and Practice

From January 2010 each project will be published on the WaMH in PC website www.wamhipc.org.uk Thank you to everyone who applied and hopefully with your ongoing support WaMH in PC can continue to drive forward the improvement in health and well-being through prevention, support and treatment to ensure recovery and the maintenance of well-being.



*****Date for your Diary*****

Wales Mental Health in Primary Care (WaMH in PC) Conference

Thursday 10th June 2010

Mercure Holland House Hotel, Cardiff

The conference will be relevant to individuals and organisations with an interest in Mental health as well as those working in Primary Care and the wider Primary Care Team

The full conference programme will be available

February 2010

To register your interest email your contact details to Lesley Hills, Project Manager, WaMH in PC
lhills@rcgp.org.uk



Certificate in the Management of Drug Misuse 2009

The Certificate in the Management of Drug Misuse courses continues to be extremely popular.

The Part one training days on held 6th March and on 9th October were both over subscribed and extra places were made available for the October training day to accommodate the demand.

Commencing on 17th April 2009, the part two certificate resulted in 16 candidates successfully graduating in November. A Graduation Dinner to celebrate the candidates success was held on 4th December at the Hilton Hotel, Cardiff. The evening proved to be extremely successful, and candidates were presented with Certificates, to commemorate their achievement.

Certificate in the Management of Alcohol Problems in Primary Care 2010

The RCGP has developed this Certificate in response to increasing demand for education in the treatment of alcohol misuse. It is aimed at GPs and other healthcare professionals working in primary care.

The certificate course consists of three parts, all of which must be completed successfully to meet the certificate criteria.

1. e- module (located at)
<http://www.alcohollearningcentre.org.uk/eLearning/IBA/>

2. Workbook—Self assessment questions with three case studies

3. Face to Face Training Day

Training events will be delivered at three locations in 2010;
Cardiff (19th March),
Swansea (21st May)
North Wales (25th June).

To register your interest, please contact Karen Morris, Project Administrator, email: kmorris@rcgp.org.uk or telephone: 029 2050 4603.



General Practice Foundation

The General Practice Foundation is a new RCGP initiative that offers practice managers, nurses and physician assistants working in general practice in the UK the opportunity to be a part of the Royal College of General Practitioners.

On 5 November 2009, the RCGP launched the General Practice Foundation (GPF) at their annual conference in Glasgow. Having a Foundation within the RCGP is excellent news for practice managers, general practice and, most importantly, patients. The vision for the Foundation is to create a forum where professionals can come together to learn and to share ideas.

Purpose

The purpose of the GPF is to enhance patient care by:

- Supporting the professional development of those working in general practice
- Sharing learning opportunities to develop together – educational materials, bespoke courses and learning media.
- Championing many of the key features of UK general practice, while ensuring future developments positively improving standards of care for patients.
- Collaborating on the developments of policy that impact on general practice.
- Encouraging enhanced team working in general practice.
- Encouraging high-quality professional delivery of care for patients.

Membership

Membership will “go live” in 2010, giving individuals and practice teams the opportunity to register.

All registered practice managers, nurses and physician assistants in the UK are eligible and options for registration from those working overseas could be reviewed in the future. The GPF will have three sub-groupings within it:

- Forum of Practice Management.
- Forum of Nursing in General Practice.
- Forum of Physician Assistants.

Benefits

A wide range of benefits will be on offer, and members will be joining mainly for education and team-based learning, development and support. In particular, membership provides practice managers with the following:

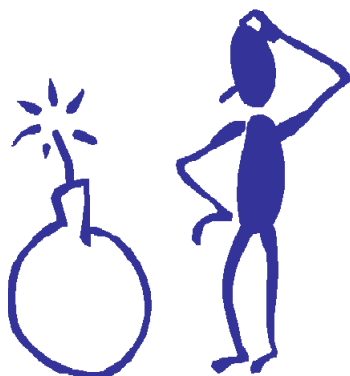
*An e-portfolio to collect, demonstrating learning and progress. *Online education modules to support continuing professional development. *A tailored programme of events created by the UK’s leading practice managers. *Up-to-date essential knowledge and information relating to general practice. *Access to online journals and e-newsletters. *Forums facilitating cross-professional communication with users and GPs. *Opportunities to contribute to policy influencing general practice in the future with other professionals working in general practice.

Improving patient care

There are also considerable benefits for GPs and for patients. Practice nurses, managers and physician assistants in general practice are playing an increasingly important role in supporting GPs and improving care for patients. Yet their status is sometimes unrecognised, and the peer support and funding they receive for education and professional development can vary considerably.

For further information please visit www.rcgp-foundation.org.uk

Primary Care End of Life Care Wales Network



The DEMOGRAPHIC TIME BOMB!

About 1% of our population die every year, of whom almost two thirds are aged over 75. The large majority of deaths follow a period of chronic illness such as heart disease, cancer, stroke, chronic respiratory disease, neurological disease or dementia. Most deaths (58%) occur in NHS hospitals even though the majority of our patients would prefer to die at home. With a population dying older and a predicted dramatic rise in deaths, we cannot be complacent about this demographic time bomb.

We believe that general practice is best placed to provide the solutions facing the NHS in Wales.

End of Life Care Strategy in Wales—The Sugar Report

Viv Sugar was commissioned by the Minister to undertake a review of palliative care services in Wales and in 2008 Edwina Hart announced funding to the tune of £8 million over the next three years to further improve palliative care across Wales. The report recognises the roles of both specialists and generalists in the care of patients nearing the end of their lives. The Palliative Care Implementation Board, chaired by Baroness Ilora Finlay, has been responsible for implementation of its recommendations.

A Primary Care EOLC group has been established—with responsibilities to the Palliative Care Implementation Board and RCGP Wales. This multidisciplinary group is chaired by Dr Helen Herbert and aims to raise the quality of care that we offer to patients nearing the end of their lives. If you too believe that general practice is best placed to care for these patients, we would welcome your contributions and suggestions for the group to take forward. Please email your suggestions to: Helen.Herbert@gp-w92022.wales.nhs.uk In the future you will be able to access information via the RCGP Wales website www.rcgp-wales.org.uk

RCGP UK End of Life Care Strategy Launched

Professor Keri Thomas, RCGP EOLC Champion launched the UK RCGP EOLC Strategy at the RCGP Conference in Glasgow in November 2009. The strategy aims to lead the way in defining, enabling and pioneering good practice in EOLC, reflecting the crucial role that GPs play now and in the future. Wales is represented on the strategy group and is setting objectives to address the needs of Wales.

GSF Wales — Going for Gold!

Are you using the Gold Standards Framework to its full potential? One study showed that only 16% of Welsh practices have registered with the GSF website as compared to 80% in other UK countries. We are pleased that WAG is supporting projects to raise awareness of GSF in Wales and has provided funding to ensure that all Welsh practices will continue to be able to use the templates and sources of information that the GSF website provides. So log on now to www.goldstandardsframework.co.uk

Other projects include three GSF conferences in Wales to be held in Summer 2010 and fifteen practices will take part in an exciting project to raise the level of implementation of GSF using the After Death Analysis Toolkit and a series of educational DVD's. This "Going for Gold" project provides a framework for all people nearing the end of life.

Contact Details:

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'Towards Revalidation' Improving Personal Development and Patient Safety

10 March 2010 S. Wales
18 March 2010 N. Wales

Please contact Katie Leighton
via email on leightonk@cf.ac.uk
or telephone 029 2068 7405



**The fourth RCGP Annual
Primary Care Conference
will be held at the
Harrogate International
Centre from 7 - 9 October
2010.**

All Wales Practice Managers Conference 2010

RCGP Wales welcome the opportunity to work with the All Wales Practice Managers Conference Committee to deliver their 2010 event which continues to be the major conference for Welsh Practice Managers.

RCGP Wales presented formally to the committee in September 2009 and were subsequently appointed to work in collaboration with the committee to ensure that the re-launch of this established event is a huge success.

The 2010 Conference will be held on Thursday 16th and Friday 17th September at Venue Cymru in Llandudno with the Conference Dinner at the Imperial Hotel, Llandudno.

Further details will be available in February 2010 and, in the first instance delegates and prospective exhibitors/sponsors should contact Susan Court, RCGP Wales scourt@rcgp.org.uk or telephone Susan on 029 20 504854.

RCGP Pandemic Forum 2010

The Royal College of General Practitioners is hosting a forum in Leeds on Thursday 18 March to discuss a wide range of issues relating to the recent threat of pandemic flu. The RCGP is keen to have input from all primary care professionals who were affected by the decisions made to counter it in order to learn from experiences and contribute to future pandemic planning.

The RCGP Pandemic Forum will provide a platform to candidly discuss all aspects of the 2009 swine flu pandemic. Within a structured environment, it will analyse the pandemic strategy and how it worked in theory and reality.

This is an ideal chance to contribute towards future planning and decision making, based on personal experiences of those involved and insights from colleagues across the spectrum of healthcare provision and policy (both from the UK and overseas).

The Forum will be of interest to anyone involved in primary care including GPs, PCT Medical Directors, PCT Managers, Practice Managers and Practice Nurses. Full details can be found on the RCGP website www.rcgp.org.uk/pandemicforum.

To register your attendance, visit www.rcgp.org.uk/pandemicforum where you can download an application form. RCGP Members can attend at a cost of £99 and Non-RCGP Members at a cost of £149.

Please direct all enquiries to our Forum organiser, Terri Myers – tmyers@rcgp.org.uk / 020 7344 3065.

Introductory Certificate in Sexual Health

23 Feb 2010 Welsh Institute for Women's Health Cardiff

RCGP accredited 1 day course for clinicians and nurses working in general practice. Course fee £190 inclusive of all materials and certification. For more information please visit RCGP Wales Courses and Events page http://www.rcgp.org.uk/councils_faculties/rcgp_wales/events