

Diary of Events
2009

Certificate in the Management of Drug Misuse Course Part 1

9 October 2009

Novotel Hotel, Cardiff

Paediatric Dermatology Half Day Course

14 October 2009

Village Hotel, Swansea

RCGP Wales Receptionist Training

29 October 2009

Vale Hotel, Hensol, Nr Cardiff

Introductory Certificate in Sexual Health

17 November 2009

Welsh Institute for Women's Health, Cardiff

WaMH in PC Practitioners Network Meeting

19 November 2009

Village Hotel, Swansea

RCGP Wales Gala Awards Celebration Dinner

11 December 2009

City Hall, Cardiff

Towards Revalidation

10 March 2010

18 March 2010

Village Hotel, Cardiff & Technium OpTIC, St Asaph

Message from the RCGP Wales Chair

The last few months seem to have been dominated by H1N1 influenza, and I have had regular telephone conferences with Dr Maureen Bakers central team and meetings with officials and representatives from other health professionals in Cardiff. Although we heard rumours of cases nearby, my surgery in Conwy has been strangely quiet - but perhaps that has something to do with all the "Stop! Do not enter if you have symptoms of flu" signs on the doors. However, colleagues elsewhere especially in Gwent, have been much busier than normal, as we all may be in a few weeks time when our super spreaders swap their germs with each other now they are back in school.

Watching developments is interesting, especially as Wales is following a different route to England, where the Flu line is in operation, and where anti-virals are being distributed after a tick-box phone call to anyone with symptoms. In Wales, anti-virals are being reserved for those in at risk groups and only prescribed after medical assessment. After years of encouraging patients to self medicate for viral infections and discouraging the expectation of antibiotics, this seems a much more sensible approach, especially as there have been a few instances of tamiflu resistance reported. I was also surprised to learn from one of the microbiologists co-ordinating the testing of samples that, of samples taken from patients hospitalised with "swine flu" in Wales, less than 10% test positive for H1N1 - the remainder being due to other seasonal rhino and adeno viral infections. Conversely, there is also the risk that serious conditions are missed, when developing non-specific symptoms are put down to "the 'flu".

I should also like to pass on to you very sincere thanks from Mrs Edwina Hart, Minister of Health and Social Services. Mrs Hart emphasised to an audience representing the medical professions, the great faith she places in the ability of primary care services to cope and with the provision that she is open to review the H1N1 situation if services do start to struggle later in the year.



Dr Bridget Osborne
Chair RCGP Wales

RCGP Wales Science of Care Conference

CONFERENCE POSTPONED TO FEBRUARY 2010

Due to the anticipated impact of H1N1 and in light of RCGP Pandemic Planning advice, RCGP Wales Council has taken the decision to postpone the Science of Care Conference scheduled for October 2009. For more information please check the RCGP Wales website for updates.

www.rcgp-wales.org.uk

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We're on the Web!

www.rcgp-wales.org.uk



WaMH in PC Network Update

WaMH in PC's 'Gold Standard Development and Awareness Day' was held at the Senedd, Cardiff Bay on Tuesday 23rd June 2009. The event attracted 50 attendees including health care professionals, mental health voluntary sector workers, assembly members and other organisations with an interest in mental health.



Gwenda Thomas AM, Deputy Minister for Health

Gwenda Thomas AM, Deputy Minister for Health and Social Care for the Welsh Assembly Government delivered the key note speech, which was followed by brief addresses from all the political parties endorsing cross-party support for the initiative. Dr Huw Lloyd, Chair of WaMH in PC, took the opportunity to highlight the projects that the Network are currently developing in order to help halt the poor profile of mental health. This will enable general practices and primary care services to have a sound and effective framework for commissioning and provision of services. These projects include: - a disability equality DVD for patients with mental health problems, and a fact sheet relating to the improvement of mental health outcomes through sustained employment.



Dr Huw Lloyd Chair WaMH in PC

The feedback received from the attendees is very encouraging, especially regarding the aims and objectives of the Welsh Declaration for Mental Health and Well-being. This will be evaluated against the number of individuals who sign up to the Declaration supporting this initiative and, in turn, will be used as a benchmark that WaMH in PC can use to evaluate the effectiveness and support the Gold Standard is advocating throughout Wales.

Following the success of the Senedd event, a key first meeting between WaMH in PC and the new vice chairs of the LHBs, (whose main remit will be mental health) has now been arranged, and Dr Huw Lloyd will be fostering a close working collaboration between the two groups.

WaMH in PC have now jumped with both feet into the 21st Century by setting up Blog and Twitter accounts.

The Network will be sending out news, events and updates via Twitter and on our Blog site.

To access Twitter please use : <https://twitter.com/WaMHinPC>

To visit the Blog please use : <http://walesmentalhealth.blogspot.com/>

WaMH in PC Practitioners Network Meeting

19 November 2009 - Village Hotel Swansea

This Network provides an opportunity for people who work with patients with mental health issues to share experiences, information and practical responses to service provision requirements.

Join us for a stimulating & rewarding debate about the future of Primary Care Mental Health Services in Wales, **FREE OF CHARGE**. Your contribution is important to us.

To register for your place, please contact Lesley Hills at the RCGP Wales office on 029 2050 4516 or email lhills@rcgp.org.uk



RCGP Wales Nomination Awards Gala Dinner Celebration 2009



Over the past 4 months, RCGP Wales has been accepting nominations for their 2009 Awards. The **Patient Nomination Award** and the **Practice Administration Team Award** will be presented at a Gala Dinner Celebration to be held at City Hall, Cardiff on Friday 11 December 2009.

Recognising the very high standard of care that GPs provide, and the tremendous contribution that Practice Administration teams make to General Practice in Wales, we invite GPs, practices, staff and friends to celebrate together.

If you wish to attend, whether in recognition of your practice's achievements or to celebrate the season in style, please contact Susan Court, Project Manager at scourt@rcgp.org.uk or telephone 029 2050 4854

Tickets cost just £40.00 per person for an evening that will include a drinks reception, dinner with wine, live music, table magicians, a caricaturist, disco entertainment and a Charity Raffle in support of our charity partner, Kidney Foundation Wales. Finally, the highlight of the evening, the Awards themselves.

Minor Surgery Study Day - June 2009

Following a successful event in 2008, RCGP Wales in conjunction with Dermal Laboratories, held its second Minor Surgery Study Day at the Marriott St Pierre Hotel, Chepstow on 18 June 2009.

The tutors, **Mr Haroun Gajraj**, Consultant Surgeon at East Somerset Trust, **Dr Andrew Morris**, Consultant Dermatologist at UHW and **Dr Nicolas Nicolaou**, Consultant Dermatologist at Gwent Trust, were delighted with the uptake as 38 GPs from Wales and the Borders attended.



"An excellent course for all levels of experience"

Feedback received from the day was extremely positive:-

"Good practical tips – good pupil/tutor number ratio"

"An excellent day - I have learnt a great deal that will add to my clinical practice"

Candidates found the morning lectures helpful and informative. The afternoon focused on practical sessions where delegates had the opportunity to learn and practice a number of surgical techniques, under the guidance and advice of the expert tutors.

Due to its proven value and popularity this event will become a firm fixture in the RCGP Wales event calendar.

Expressions of interest are being taken for 2010 if you are interested, please contact Karen Morris, Project Administrator on 029 2050 4603, or email kmorris@rcgp.org.uk

RCGP Wales Study Days 2009

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'Towards Revalidation' Improving Personal Development and Patient Safety

10 March 2010 S. Wales
18 March 2010 N. Wales

Introductory Certificate in Sexual Health

17 November 2009

Welsh Institute for Women's
Health, Cardiff

**RCGP accredited 1 day
course**

Course fee £190 inclusive of all
materials and certification.

For more information contact
Deborah Jones on 029 2075 8587
Email: wihdeb@btinternet.com

Paediatric Dermatology Study Half-Day The Village Hotel Swansea Wednesday 14 October 2009

Speakers: Dr J Hughes, Dr E Veysey & Heulwen Wyatt, Clinical
Nurse Specialist

Fees: £100 non-RCGP member / £80 RCGP member

*Child Protection and Dermatology
Common Childhood Lumps and Bumps
Difficult Paediatric Eczema Cases
Haemangiomas - an update
Childhood Rashes - clues to diagnosis*

Places are still available for this training event. For further information,
please contact **Mrs Karen Morris** at the RCGP Wales on 029 2050 4603
or by email kmorris@rcgp.org.uk

Managing Risk at Reception The Vale Hotel, Hensol 29 October 2009

This practical training course was developed to support this important role
in general practice, using multi-media and unique learning tools.

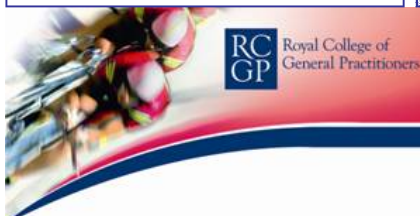
**"The best course I have attended, I wish all my practice receptionists
could experience this"** (2008 delegate)

Topics include:

**Why is the GP Reception so Important?
Good Reception Skills
Risk Management at Reception
Dealing with Violent or Aggressive Patients
Confidentiality
Customer Care
Medical Terminology**
Delegate Cost is £100 per person

(includes refreshments, lunch, course materials and free car parking)

To reserve your place on this recognised course, or for further information
please contact Natasha Jenkins on 029 2050 4604 or email
njenkins@rcgp.org.uk



Annual National Primary Care Conference 2009

Excellence in Practice
Winning ways for primary care

5-7 November • Scottish Exhibition & Conference Centre, Glasgow

www.rcgpannualconference.org.uk

**The third RCGP Annual National Primary
Care Conference will be held at the
Scottish Exhibition & Conference Centre
(SECC), Glasgow from 5 - 7 November
2009.**

www.rcgpannualconference.org.uk