General Practice Foundation

Making Sense of Commissioning Conference

Tuesday 27th November 2012 10 – 4pm
RCGP, 30 Euston Square, London, NW1 2FB
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General Practice Foundation (GPF)

The General Practice Foundation is an RCGP initiative that offers general practice nurses, managers and physician assistants the opportunity to be a part of the Royal College of General Practitioners.

Membership includes educational benefits such as free access to online learning courses such as: record keeping, discounts on events and conferences and regular news and updates for the whole practice team.

The GPF also runs as an executive committee within RCGP, feeding into consultations such as 2022GP and taking part in the development of standards and training needs of practice managers and nurses.

Conference Overview – Making Sense Of Commissioning

The aim of this conference is to give general practice teams the necessary tools and practical solutions to deal with the impact of the changes to commissioning. The conference programme will consist of interactive workshops, sessions run by experts in their fields and the chance to network with professionals who experience the same challenges and triumphs in the general practice field.

The day includes a keynote speech from the RCGP Chair, Professor Clare Gerada and a question and answer session with a panel of experts from across RCGP.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:00</td>
<td>Registration and coffee</td>
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<tr>
<td>10:30</td>
<td>Introduction: Professor Mike Pringle, President, RCGP</td>
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<td>Keynote: Professor Clare Gerada, Chair of Council, RCGP</td>
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<td>11:00</td>
<td>Parallel Workshops</td>
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<tr>
<td></td>
<td><strong>Workshop 1a: Making it happen in your practice</strong></td>
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<td>Presented by Val Hempsey and Wendy Fairhurst</td>
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<td>Practical examples of how a Practice Manager and an Advanced Nurse Practitioner made a difference in their practices through commissioning</td>
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<td><strong>Workshop 1b: The voluntary sector - an untapped resource</strong></td>
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<td>Presented by Ms Anita Lightstone - UK Vision Strategy Programme Director</td>
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<td>How can you draw on the rich resource of the voluntary sector - a goldmine of knowledge for your practice and clinical commissioning group? What are the benefits? This workshop will explore why engaging the voluntary sector can lead to better commissioning as well as looking at how, together, we can improve the services. This workshop will include practical examples and discussion.</td>
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<td><strong>Workshop 1c: The new commissioning landscape – what it means to be a public body</strong></td>
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<td>Presented by Lynne Abbess and Ross Clark - Hempson’s Solicitors</td>
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<td>12:15</td>
<td>Lunch and networking</td>
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<td>13:00</td>
<td>Introduction from RCGP Centre for Commissioning - Dr. Steve Mowle, Vice-Chair of RCGP Council, Lead for Commissioning</td>
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<td>13:15</td>
<td>Plenary speaker: Dame Barbara Hakin DBE</td>
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<td>‘The commissioning landscape - new opportunities’.</td>
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<td>This presentation will cover the new commissioning system, with particular reference to its implications for primary care.</td>
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13:45–14:15  Panel topic: The implications of commissioning on the roles and workload of Practice Teams

Chaired by Mrs Sandy Gower FRCGP (Hon) Manager Partner – Bennetts End Surgery/RCGP General Practice Foundation Practice Management co-lead.

Panel members:

Dame Barbara Hakin DBE - National Director of Commissioning Development
Kathie Applebee, GPF committee member and Strategic Management Partner, Tamar Valley Health, Cornwall
Dr Steve Mowle (Vice-Chair of RCGP Council, Lead for Commissioning)
Dr Clare Taylor (First5 Clinical Lead, Royal College of General Practitioners)

14:15–14:45  Coffee and exhibition

14:45–16:00  Workshop 2a: Making it happen in your practice

Presented by Val Hempsey and Wendy Fairhurst – Practical examples of how a Practice Manager and an Advanced Nurse Practitioner made a difference in their practices through commissioning

Workshop 2b: Patient involvement improves your services – sharing best practice including case studies

Presented by Stephanie Varah Chief Executive National Association for Patient Participation (N.A.P.P)

Workshop 2c: The new commissioning landscape – what it means to be a public body

Presented by Lynne Abbess and Ross Clark - Hempson's Solicitors

1600  Summary and finish
Professor Clare Gerada MBE, FRCP, FRCGP, MRCPsych
Chair of Council, RCGP

Professor Clare Gerada is a London-based GP and Chair of Council of the Royal College of General Practitioners.

She has held a number of local and national leadership positions, including Director of Primary Care for the National Clinical Governance Team and Senior Medical Advisor to the Department of Health. She is Medical Director of the PHP Programme and has published a number of academic papers, articles, books and chapters.

Professor Gerada has been a GP since 1992, when she became a partner for the Hurley Clinic in South London. The practice started life in 1969 – and remains on its current site – on the ground floor of a 19-storey housing estate in Lambeth.

Professor Gerada has a long involvement with the RCGP; she was previously Vice Chair of College Council and immediate past Chair of the Ethics Committee. She established the RCGP’s groundbreaking Substance Misuse Unit and also led on the strategic and logistical delivery of the RCGP Annual National Conference.

Prior to general practice, she worked in psychiatry at the Maudsley Hospital in South London, specialising in substance misuse. She was awarded an MBE for services to medicine and substance misuse.
Stephanie Varah is Chief Executive of the National Association for Patient Participation (NAPP) uniquely placed as the only UK wide umbrella organisation for patient-led groups within general practices. NAPP is an independent registered charity with over 30 years’ experience and expertise in promoting, supporting and developing Patient Participation Groups (PPGs).

Stephanie has over 25 years experience of working at the leading edge of public and patient involvement in health, social care and the voluntary sector. A national finalist for a Cabinet Office Modernising Government Partnership Award, Stephanie gained recognition for her work in developing and implementing a user involvement/user-led organisational change programme for a large social services authority.

As Patient and Public Engagement and Experience (PPE) Lead for Trent Strategic Health Authority and NHS East Midlands Stephanie pioneered the involvement of patients in SHA performance management reviews and led a national project for the Department of Health to develop performance indicators and evidence measures for PPE and Patient Experience.

Working independently since 2006 as a consultant Stephanie has delivered numerous PPE related programmes for the Department of Health including running the LINks early adopter project and co-ordinating the implementation of LINks across one hundred and fifty local authorities nationwide.
Anita Lightstone is Programme Director for the UK Vision Strategy, providing leadership and support for its implementation. The UK Vision Strategy is a VISION 2020 UK cross sector initiative, led by RNIB, to improve eye care and sight loss services across the UK. One recent success of this collaborative partnership approach has been the recognition of the eye health within the Public Health Outcomes Framework.

An optometrist by background, Anita is a member of the Department’s Eye Care Strategy Group, established in support the aims of the UK Vision Strategy. Previously, she worked as a senior lecturer at the Institute of Optometry and was also a clinical adviser for the NHS National Eye Care Pathway Programme. In recognition of her contribution to sector, Anita has been awarded a life fellowship by the College of Optometrists.

Anita is a respected speaker on eye health and sight loss issues and is a passionate advocate of user engagement and integrated partnership working.
Ross Clark
Partner – Hempsons Solicitors

Ross is a Partner and Head of our Corporate team and, as such, advises on a wide range of corporate and corporate finance transactions, predominately in the health and social care sectors.

His main focus at present is on GPs and Dentists.

For GPs, he is helping Clinical Commissioning Groups on the key issues they face in moving towards Authorisation under the Health and Social Care Act. He is also assisting GPs as providers, particularly on the formation of provider vehicles, joint ventures with private sector organisations and practice acquisitions and mergers.

For Dentists, he specialises in the sale, purchase and incorporation of dental and orthodontic practices, knows the underlying GDS and PDS regulations that are instrumental in structuring a sale or purchase of an NHS dental or orthodontic practice, has devised an innovative structure for the transfer of GDS contracts and deals with the CQC requirements and guidance in relation to practice sales.

**Expertise:**

- Clinical Commissioning Groups and the Health and Social Care Act
- GP Provider Organisations
- Sale and purchase of dental practices and dental body corporates
- Joint ventures between public and private organisations
- Corporate finance (all aspects of loan and facility agreements and associated security documentation)
- Corporate governance including, in particular, directors’ duties
- Director and board disputes
Lynne Abess
*Partner – Hempsons Solicitors*

Lynne has years of experience specialising in the primary care sector, with an in depth understanding of how the sector functions and of the thinking of those operating within it. She specialises in property and partnership law and offers advice on the following areas:

- Property
- Real estate
- L&T
- Developments
- Expert on form of GP Lease
- Expert on Cost rent Schemes and valuation difficulties arising from them
- Partnership
- Formation/mergers
- Disputes
- Restrictive covenants
- Practice advice generally
- Contractual relationships with PCTs
- Main areas of expertise
- Negotiation of heads of terms in complex GP developments
- Negotiation of Agreements for Lease and Leases in primary care developments
- Negotiating partnership disputes
- Cost rent issues
Dame Barbara Hakin DBE
National Director of Commissioning Development

Dame Barbara is the National Director of Commissioning Development for the NHS Commissioning Board Authority and the Department of Health, where she has led the process of developing the new commissioning architecture. Dame Barbara is responsible for the development of CCGs, CSSs, Commissioning Guidance, and Primary Care Development, including national contracts.

Prior to this role, Dame Barbara was Chief Executive of the NHS in the East Midlands for four years, and was interim Chief Executive for NHS Yorkshire & The Humber in 2009.

Dame Barbara was Chief Executive of Bradford South and West Primary Care Trust from 2000 to 2006, during which time she also held a broad range of national roles including Interim Director General of Commissioning in the Department of Health and Director of Primary Care in the Modernisation Agency.

Before moving into a full-time career in NHS management in 2000, Dame Barbara was a GP in Bradford for more than twenty years.

Dame Barbara is well known for her role in the development of clinical commissioning, in particular the redesign of services to move care into the community and primary care setting. She has also championed services to reduce inequalities and has been instrumental in promoting the equality and diversity agenda at both local and national level.

Dame Barbara was awarded an OBE in 2000 and a DBE in 2008.
Mrs Sandy Gower FRCGP (Hon)

Managing Partner, Bennetts End Surgery and RCGP General Practice Foundation Practice Management co-lead.

Sandy has been the Managing Partner of Bennetts End Surgery since 1997. She is a Trustee of the National Association for Patient Participation and a Member of the National Education Programme for Supporting Carers in a General Practice Steering Group. In addition she is the Practice Management Co-Lead for the General Practice Foundation of the Royal College of General Practitioners.

Dr. Steve Mowle FRCGP

Vice Chair, RCGP

Steve is a GP Principal at the Hetherington Group Practice, an inner city practice in the heart of the Borough of Lambeth, London. He has held a variety of different educational leadership roles within the London Deanery and Kings College, London. Currently he is a Patch Associate Director with responsibility for Inner South West London and also has Pan-London responsibility for Post CCT GP training. He has a keen interest in Medical Education and Training and was a member of the RCGP First Five Working Group and a founding member of the RCGP Quality Management and Training Standards Committee.

Steve has been an active member of his local faculty board and as its Chair was a founding member of RCGP London. He has also been the lead on the International Committee for the formation and development of the Junior International Committee which has proved to be a major success.
Steve enjoys the London cultural scene greatly and can also be often seen running around Clapham Common wearing a brightly coloured bib being shouted at by British Military Fitness instructors.

As Vice Chair, Steve will be the lead for the 2012 Conference in Glasgow, lead officer for the Patient Partnership Group and lead for the Centre for Commissioning.”

**Dr Clare Taylor**  
*First5 Clinical Lead, Royal College of General Practitioners*

Dr Clare Taylor is an academic GP. She works at a busy inner city practice in Edgbaston and is a research fellow at the University of Birmingham specialising in Cardiovascular disease. She is also First5 Clinical Lead at the Royal College of General Practitioners and deputy editor of the journal InnovAiT.
Val Hempsey

*Practice Manager, Sole Partner, Bridges Medical Practice, Gateshead.*

NAPC Executive Member, Practice Management Steering Group Member.

Val Hempsey is a Practice Manager of nearly 25 years and has worked in primary care for 33 years. Since 2006 she is the sole partner of her PMS practice in Gateshead after the last of the GP partners retired. Employs 5 Salaried GP’s, a Nurse practitioner, a Pharmacist and a full compliment of administration staff. Val is also an elected member of the NAPC Executive and a founder member of the Practice management network.

More locally Val is on the executive of her local CCG and leads on Practice Development. She also is an Accredited Manager of the IHM being one of the first group of practices managers to work toward the award. Has a declared interest in Commissioning and the influence and difference effective practice management can do with this.

Wendy Fairhurst

*Nurse Partner (Wigan)*

I work as a Nurse Partner in a General Practice in Wigan, and also as a director and clinical lead for a social enterprise called Health First ALW Community Interest Company which delivers (amongst other things) a breathlessness service and cardiovascular disease health checks on behalf of the NHS in Ashton, Leigh and Wigan.

In General Practice I bridge the gap between nursing and medical colleagues, mainly being on the GPs rota and seeing people presenting with acute conditions but also
seeing patients with complex long-term conditions.

My work with the Social Enterprise has been very exciting and we are proud to have built up an effective and happy nursing team which is making a real difference to the local population.

Prior to this I worked as a lecturer/practitioner and programme director for the MSc Clinical Nursing and practice nurse lead at University of Manchester and external examiner for non-medical prescribing at the University of Wolverhampton.

I am passionate about the importance of advanced nursing practice both for the benefits to patients and to our profession and I maintain the belief that regulation of advanced practice is crucial.

Kathie Applebee
Organisational Psychologist and Management consultant

I am an organisational psychologist and management consultant and have worked with over 650 general practices since 1980, and am also part-time strategic management partner in a large rural dispensing practice in Cornwall. Additional roles include chairman of the National Vision User Group, RCGP General Practice Foundation GPF Management Subgroup member and Clinical Commissioning Champion.
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Media partners for the GPF “Making Sense of Commissioning” Conference

247 mediagroup is a multi media company specialising in healthcare. Flagship publications are Mother and Child and Hospital Choice which are both backed up by dynamic and informative websites. The company’s TV division provides in depth documentary style programmes which can be viewed on SKY and BBC/ITV Freesat and online at Healthsector.net and publicsector.net. The recently launched ‘Commissioning.GP’ has been designed to help GPs prepare for the dramatic changes that the new Health and Social Care Act will introduce and will offer invaluable data, information, blogs, and advice to all strands of the healthcare personnel involved in commissioning.
Make sure your team have the tools to tackle future challenges in general practice.

Sign up your practice team to GPF today, team discounts apply.