

Plenary programme

THURSDAY 20 OCTOBER

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| 8.30 | Registration, coffee and exhibition |
| | PLENARY SESSION 1 |
| 9.45 | President's welcome <i>Dr Iona Heath, President, RCGP</i> |
| 9.55 | Opening remarks <i>Prof. David Haslam, Conference Chair, President, British Medical Association, Past President, RCGP and National Clinical Adviser, Care Quality Commission</i> |
| 10.00 | Chair's address – Diversity in practice <i>Dr Clare Gerada, Chair of Council, RCGP</i> |
| 10.25 | Diversity: From Hippocrates to HUGO and back again: Humanistic lessons from hi-tech science <i>Dr Linn Getz, Associate Professor and Researcher at the General Practice Research Unit at NTNU, Trondheim, Norway</i> |
| 10.50 | Diversity – turning a dangerous corner <i>Lord Victor Adebawale, Chief Executive, Turning Point</i> |
| 11.15 | Coffee, exhibition, attended poster session 1 |
| 12.05-1.05 | CONCURRENT STREAMS A |
| 1.05-2.15 | Lunch, exhibition and posters |
| 1.10-2.10 | Sponsors' symposia |
| 2.15-3.15 | CONCURRENT STREAMS B |
| 3.15 | Tea, exhibition, attended poster session 2 |
| 4.15-5.15 | CONCURRENT STREAMS C |
| 5.15 | RCGP welcome reception in exhibition |
| 6.15 | Fringe meetings and supplements |
| 7.45 | Social events ■ AiT's supper, quiz and live karaoke - £18 ■ First5's Indian banquet - £25 ■ Liverpool cab tours - £5 |

FRIDAY 21 OCTOBER

| | |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.00 | Registration, coffee and exhibition |
| 8.00 | Fringe meetings |
| | PLENARY SESSION 2 |
| 9.15 | Introduction <i>Prof. David Haslam, Conference Chair, President, British Medical Association, Past President, RCGP and National Clinical Adviser, Care Quality Commission</i> |
| 9.20 | Inequalities, global issues and how can primary care break the barriers? <i>Dr Richard Horton, Editor, The Lancet</i> |
| 9.50 | Can working in partnership achieve reduction in health inequalities? <i>John Carnochan, Detective Chief Superintendent, Violence Reduction Unit, Scotland</i> |
| 10.20 | Reaching out to rural communities <i>Prof. Sir Lewis Ritchie, James Mackenzie Professor of General Practice, University of Aberdeen</i> |
| 10.50 | Discussion with all speakers |
| 11.05 | Coffee, exhibition, attended poster session 3 |
| 11.50-12.50 | CONCURRENT STREAMS D |
| 12.50 | Lunch, exhibition and posters |
| 12.50-1.50 | Sponsors' symposia |
| 2.00-3.00 | CONCURRENT STREAMS E |
| 3.00 | Tea, exhibition, attended poster session 4 |
| 3.45-4.45 | CONCURRENT STREAMS F |
| | PLENARY SESSION 3 |
| 4.45 | Chair's remarks |
| 4.50 | THE MORAL MAZE: The affordability of future healthcare <i>Chair: Dr Richard Horton, Editor, The Lancet</i> Panel of speakers: ■ Baroness Julia Cumberlege ■ Dr Clare Gerada, Chair of Council, RCGP ■ Sir Michael Rawlins, Chairman, NICE ■ Ben Page, Chief Executive, Ipsos MORI ■ Dr Hamish Meldrum, Chair, BMA |

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|------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| 5.50 | Commission on generalism – Report on first phase <i>Prof. Amanda Howe, Honorary Secretary of Council, RCGP</i> |
| 6.10 | Close |
| 6.10 | Fringe meetings |
| 7.45 | Social event ■ Conference party at PanAm Featuring live band, fire-eaters, stilt walkers, comedians and much, much more - £39 |

SATURDAY 22 OCTOBER

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|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.00 | Fringe meetings |
| 9.00 | Registration, coffee and exhibition |
| 9.30-10.30 | CONCURRENT STREAMS G |
| 10.30 | Coffee, exhibition, attended poster session 5 |
| | CLOSING PLENARY SESSION |
| 11.15 | Introduction <i>Prof. David Haslam, Conference Chair, President, British Medical Association, Past President, RCGP and National Clinical Adviser, Care Quality Commission</i> |
| 11.15 | Research paper of the year To be announced in June |
| 11.30 | Ministerial address <i>Rt Hon Andrew Lansley MP, Secretary of State for Health</i> |
| 12.00 | Overcoming disadvantage <i>Camila Batmanghelidjh, Founder and Director, Kids Company</i> |
| 12.30 | President's closing address: Global general practice <i>Dr Iona Heath, President, RCGP</i> |
| 1.00 | Closing remarks |
| 1.05 | Close |

Concurrent streams programme

THURSDAY 20 OCTOBER

12.05–1.05

CONCURRENT STREAMS A

A1
Clinical

Domestic violence and social exclusion

Co-chairs: Prof. Helen Lester, Chair SAPC, Chair RCGP CIRC, Professor of Primary Care, Health Sciences Group – Primary Care, University of Manchester and Dr Ben Riley, RCGP Medical Director for e-Learning

■ **Domestic violence** – Prof. Gene Feder and Dr Alex Sohol, RCGP Clinical Champions for Domestic Violence

This thought-provoking session will explore the role of the GP and practice team in identifying patients experiencing domestic violence and responding appropriately. It will highlight the leading role the College is playing in the work to prevent violence against women and children, including the appointment of a Clinical Champion for Domestic Violence and a new e-learning programme to challenge attitudes and enhance knowledge and skills.

■ **Role of primary care in addressing social inclusion** – Prof. Gene Feder and Dr Alex Sohol, RCGP Clinical Champions

Case study and what primary care can do. This will cover an overview of inequalities in health/health care and their trends; Who are the socially excluded groups? The new challenges potentially working against social inclusion

A2
Policy

Practising generalism

Chair: Amanda Howe, Honorary Secretary, RCGP

■ Prof. George Freeman, Emeritus Professor of General Practice, Imperial College London

■ Dr Joanne Reeve, NIHR Clinician Scientist in Primary Care, University of Liverpool

■ Dr John Gillies, Chair RCGP Scotland, GP, Selkirk

■ Prof. Stewart Mercer, Professor of Primary Care Research, University of Glasgow

Some of the UK's leading researchers on generalism will introduce this session with short presentations, leading to a panel-led discussion to link the research, education, policy, quality and practice agendas within generalism. The debate will ask what medical generalism means to you ... and how we should best be using it.

A3
Quality

The quality coliseum

Chair: Dr Richard Stacey, MPS

Dr Chris Hewitt, Associate Medical Director at NHS Leicester City and co-founder GPROC – General Practice Responsible Officers' Congress

'Competence, like truth, beauty, and contact lenses, is in the eye of the beholder.' (Laurence J Peter)

One of the main challenges for Responsible Officers will be in defining 'good enough'. This session will review various case studies of GPs where their behaviour, competence or knowledge has been called into question. The coliseum attendees will vote in each case by means of using a 'thumbs up' or 'thumbs down' card to decide the fate of the doctor. In each case there will be discussion about what can be done to help the doctor struggling to keep above the demarcation line of 'good enough'.

A4
General Practice Foundation

Better awareness of dementia and other hidden mental health issues in general practice

Co-chairs: Antony Chuter, PPG Chair and Jenny Aston, GPF Nursing Group

■ **A relative's perspective** – Speaker tbc

■ **A GP's perspective** – Dr Greta Rait, Senior Clinical Lecturer, University College London

The session will identify the concerns healthcare professionals often have when encountering a patient who may have dementia within the context of a routine clinic appointment. A close relative will relay their experience of dementia and how health carers either helped or hindered the situation.

We will examine assessment tools and referral options that clinicians can use to manage patients appropriately. It will also offer some solutions for early identification of patients with dementia using the practice team and involving carers. Participants will:

- gain a greater awareness of dementia from a relative's perspective
- identify useful assessment tools and appropriate referral routes
- identify some strategies to help with early detection of patients with dementia and other hidden mental health problems.

A5
Short papers 1

Education short papers

Chair: RCGP Officer

■ **Time Out-Of-Programme from UK General Practice Training** – Luisa Pettigrew, JIC

■ **GPs can teach the whole clinical curriculum** – Geoff Riley, University of Western Australia

■ **Broadening Horizons: The role of leadership coaching in general practice** – Elizabeth Goodburn, James Wigg Practice

■ **Taking Educational "speed dating" to another level; making learning more "nutritious"** – Avril Danczak, The Alexandra Practice

A6
AIT

The BIG (AiT) questions

Hosted by: Dr Jonty Heaversedge, GP and TV presenter

Panel: Dr Colin Hunter, Honorary Treasurer, RCGP and Dr Farhan Munawar, BMA, GPTC Chair, Dr Mohammed Saqib Anwar, Chair, AiT Committee & Dr Clare Gerada, Chair, RCGP

This session will discuss and debate the all-important issues that have been concerning trainees throughout the year. This will be interactive, allowing the audience to question, discuss and debate with the panel.

A7
Clinical

Gastroenterology in primary care

Chair: Dr Jamie Dalrymple, GP and Chair of the Primary Care Society for Gastroenterology

■ **Gastroenterology in the early detection and diagnosis of GI cancers** – Prof. Greg Rubin, University of Durham

■ **Modern management of irritable bowel syndrome** – Prof. Pali Hungin, University of Durham

■ **Gastro-oesophageal reflux disease, Barrett's oesophagus and oesophageal cancer: challenges for primary care** – Prof. Roger Jones, King's College London

Digestive disorders account for about 10% of the work of GPs and hospitals, and have major impacts on health and wellbeing. Taken together digestive tract cancers are more common than all other cancer types, and generally have a poor prognosis. In this session we will provide up-to-date information on the diagnosis and management of GI cancers and of two other important common disorders, irritable bowel syndrome and gastro-oesophageal reflux disease.

A8
Diversity

Challenges and opportunities: Working in secure and hostile environments

■ **Prison practice** – Dr Jake Hard, Vice-Chair, Secure Environments Group with an ex-service user tbc

■ **Military primary care** – Dr Kristian Mears, Defence Medical Services Lecturer in General Practice, RAF

■ **Primary care in a secure psychiatric hospital** – Dr Marcus Bicknell, Secure Environments Group

■ **Primary care in a hostile environment** – Dr Don Batham, Defence Medical Services Senior Lecturer in General Practice

This session will look at the similarities and differences working in secure environments and isolated and hostile situations compared with more conventional primary care. There will be substantial time for questions and interaction after each presentation.



Concurrent streams programme

2.15–3.15

CONCURRENT STREAMS B

B1
Clinical

Misclassification of diabetes and treatment drugs

Chair: Prof. Simon de Lusignan, Chair in Health Care Management, University of Surrey

- **Classification, coding and misdiagnosis of diabetes** – Prof. Kamlesh Khunti, University of Leicester
- **New WHO diagnostic criteria** – Prof. Kamlesh Khunti, University of Leicester
- **Diabetes commissioning for primary care** – Prof. Azhar Farooqi, GP, Leicester

This session will cover how the diagnosis of diabetes is changing, and issues relating to coding and classification of diabetes.

B2
Education

Diversity and inequalities in undergraduate education and beyond

- **Health Inequalities in undergraduate training – overview of workshop** – Prof. Una Macleod, Professor of Primary Care Medicine, Hull York Medical School, and Chair, RCCP Health Inequalities Standing Group (HISG) and Dr Alice Lau, HISG
- **Integrating 'consulting through interpreters' in the undergraduate medical curriculum – a pragmatic and sustainable approach** – Dr Aarti Bansal, GP and Academic Teaching Fellow, University of Sheffield and Dr Jenny Swann, Academic Teaching Fellow, University of Sheffield
- **Introducing diversity awareness to medical undergraduates** – Sandie Radcliffe, Clinical Skills Tutor and Rob Campbell, University of Liverpool

This session will examine the ability of undergraduate medical curricula to equip students to become culturally competent doctors, provide examples of innovative teaching methods to engage with students and will challenge participants to consider how such topics/teaching can become part of the mainstream within medical school curricula.

B3
Research

Patient self-monitoring/management in hypertension and anticoagulation: evidence base to practice

Chair: Prof. Richard Hobbs, University of Birmingham

Prof.s David Fitzmaurice and Richard McManus, University of Birmingham

- **Nurse led hypertension clinics: evidence of benefit or absence of a white coat?** – Christopher Clark, Peninsula College of Medicine and Dentistry

Hypertension and anticoagulation are two areas of primary care where monitoring takes up significant amounts of GP and practice nurse time. Recent advances in technology mean that monitoring can be undertaken by patients with the potential for self-titration. The evidence base for such models of care will be reviewed with particular reference to the SMART and TASMINTH series of studies, which provide unique UK data for both self-monitoring and self-management in a primary care setting. This session will also include the views of frontline practitioners.

B4
General Practice Foundation

The Productive General Practice Programme

Chair: Sandy Gower FRCGP (Hon), Managing Partner, Bennetts End Surgery

Nick Downham, Project Lead, Productive General Practice programme

Productive General Practice is a new programme from the NHS Institute that enables practices to realise internal efficiencies, whilst maintaining quality of care and releasing time to focus on what really matters, e.g. commissioning, chronic disease management, special interests and prevention. This session will draw on the experiences of the test sites and share with you the impact on patient experience, safety and reliability, and a mechanism for engaging and empowering staff to lead improvements.

B5
Patient

Patient feedback in the unscheduled care setting

Chair: Antony Chuter, Chair PPG, and Dr Mary Selby, GP, Suffolk

- **Gaining meaningful feedback from children and teenagers** – Bridget Hopwood, Picker Institute
- **Update from the Urgent and Emergency care paediatric PREM survey project** – Dr Ffion Davies, RCPC
- **The pros and cons of collecting feedback from children and relatives in the urgent and unscheduled care pathway** – Dr Christine Johnson, NPSA

This interactive session will look at several projects including the use of focus groups with children. Give an opportunity to reflect and consider practical issues and how to surmount them to gain feedback on healthcare services from children. The project will have been developing the feedback tool over the past 18 months and delegates attending this workshop will have the opportunity to consider and contribute to the issues in an interactive setting before the project results are available in mainstream healthcare settings.

B6
First 5

GP Partnerships debate

Chair: Dr Kristian Mears, Defence Medical Services Lecturer in General Practice, RAF

- Dr Richard Fieldhouse, Chief Executive, NASGP
- Dr Clare Gerada, Chair of Council, RCGP
- Dr Rafik Taibjee, salaried GP, London
- Dr Peter Deveson, GP partner, Surrey
- Dr Colin Hunter, Honorary Treasurer, RCGP
- Dr Kirstie Pearson, GP partner, Severn

Do you have an opinion on whether new GPs are being denied partnership opportunities? Thought so! Come and join in.

B7
Short papers 2

Short papers other

Chair: RCGP Officer

- **Community outreach health screening, what locations yield the highest success? A one year review** – Eugenia Lee, Thamesmead Medical Associates
- **The flawed evidence base of medicine** – Lindsay Moran, Leeds
- **Researching the Ethics of the Ordinary** – Peter Toon, Canterbury
- **Alternative cost effective solutions to support general practice** – Peggy Frost, College of Occupational Therapist

B8
Commissioning

Debate on the ethics of commissioning: This house believes that GPs have an ethical obligation to lead NHS commissioning

Chair: Dr Iona Heath, President, RCGP

- **For** – Prof. Martin Marshall, Clinical Director, The Health Foundation & RCGP Ethics Committee
- **Against** – Dr John Gillies, Chair of RCGP Scotland

A debate to examine the ethics issues around GP leadership of commissioning and an opportunity to express your opinions about what may represent a major change in our professional responsibilities.

2.15–4.15

Site Visit

Site visit to New Health Service for Liverpool shared record project

The NHS in North Merseyside is putting information technology at the heart of a drive to improve efficiency and deliver enhanced patient care. As part of the New Health Service for Liverpool Programme, an exciting, innovative, programme of shared electronic patient records has been rolled out across Liverpool. This award-winning programme of work, which has been led by local clinicians, is delivering significant clinical benefits to patients and clinicians, and is facilitating joined-up care across North Mersey. This technology is at the heart of QIPP clinical pathway plans, which improve efficiency and deliver enhanced patient care.

Limited to 20 places. Book early.

2.15–3.45

WORKSHOP STREAM

W1

Writing and reviewing papers for the BJGP

Prof. Roger Jones, Dr Alec Logan and Catharine Hull, BJGP Manager, RCGP

The British Journal of General Practice is published by the RCGP and is the world's second most highly cited primary care research journal. The BJGP has been re-launched in a new format, with a paper short/web long publishing strategy for original papers and a number of new content and design features. The Editorial Board has been refreshed and a new International Advisory Board is in place. The aim of this workshop is to bring participants up to date with Journal developments, to obtain feedback on them, to describe and discuss the way the BJGP handles papers submitted to it and to consider the characteristics of good papers and good reviews. The workshop will be of interest to readers of the BJGP and to anyone wishing to write or review for us. Numbers limited to 30. Book early.

Concurrent streams programme

4.15–5.15

CONCURRENT STREAMS C

C1
Clinical

Chronic pain and nutrition for health

Chair: Dr Imran Rafi, Medical Director, RCGP CIRC

- Hot topics in pain medicine – Dr Martin Johnson, RCGP Clinical Champion for Pain

The nature of chronic pain. Why pain is more than a simple symptom – indeed is chronic pain a disease in its own right? The burden of pain – why commissioners need to take notice! The new pathways to treat pain & also assist re-evaluating your pain patients and their repeat prescribing.

- Nutrition for health: Goal setting for lifestyle improvement approaches in primary care – Dr Rachel Pryke, RCGP Clinical Champion for Nutrition for Health

This presentation will explore some of the evidence demonstrating practical long-term effectiveness of weight management and explore more specific measures of lifestyle improvement. This may promote motivation by being able to demonstrate gains in health, e.g. from improved fitness, even where BMI has not altered. New measures are under development and will be discussed. Where previous lifestyle has led to progressive weight increase, weight stability is a goal in itself.

C2
HOT TOPIC

The national child health agenda

Chair: Dr Anthony Harnden, RCGP Clinical Champion for Child Health

Dr Sheila Shribman, National Clinical Director for Children, Young People and Maternity Services, Department of Health Come and hear the very latest update on the most recent developments in the national child health strategy.

C3
Quality

Where next for primary care? The views of patients on paying GPs for performance and commissioning

Chair: Antony Chuter, Chair, PPG

- Prof. Helen Lester, Chair SAPC, Chair RCGP CIRC, Professor of Primary Care, Health Sciences Group – Primary Care, University of Manchester

- Kerin Hannon, Research Associate, University of Manchester

Much has been written about what GPs and politicians think about the new primary care reforms. Some national patient groups have also made their views known from a condition-specific context. However, the voice of the 'average' patient in the street has been notably missing over the last 12 months. In this session, Helen Lester and Kerin Hannon will talk about their work with patients across England in 2011 and report the views of over 50 patients with and without long-term conditions on key primary care health reforms including QOF and primary care commissioning. You may be surprised what your patients think!

C4
General Practice Foundation

Contraception and sexual behaviour – a full costume presentation

Chair: Jenny Aston, GPF Nursing Group

Lesley Smith, Curator, Tutbury Castle, Staffordshire, and Elizabethan women's historian

Lesley is a nationally acknowledged medical historian. She has specialised in researching the private lives of Elizabethan women in the 1580s. She has worked with Birmingham medical schools to research gynaecology of the 16th century and has written several articles for the RCOG.

This presentation has been carefully researched and will provide insight into the perceived contraception techniques at the time of the Tudors. Lesley will exhibit several items of contraception such as a leather condom and a chastity belt. Participants will gain an increased awareness of how sexual behaviour needs to be understood from within its cultural context.

C5
Education GP Training

Supporting international medical graduates in training

Chair: Dr Sarah Whiteman, Chair, RCGP MEG

Dr Maggie Eisner, Training Programme Director, Bradford Specialist Training Scheme for General Practice

This interactive session will look at participants' experiences of being IMGs or working with them. The material presented will include evidence from the 2009 Sheffield survey of IMGs, sociolinguistic research on CSA performance, discussion of educational principles and suggestions for helping IMGs at both training scheme and practice level. The session will enable participants to understand the perspectives of IMGs training in general practice and the particular issues affecting them, and to develop a toolkit of ways to support them effectively.

C6
Policy/International

Transforming our approach to global health – how can we involve you?

Chair: Dr Iona Heath, President, RCGP

- Prof. Val Wass, Chair of International Committee, RCGP
- Dr Sandra Mather, International Policy Manager, RCGP

Join this session to learn more about how you can use your expertise and experience in primary health care to inform and influence global health policy. Join our campaign to increase the use of primary health care to improve global health and reduce international health inequalities.

C7
Short papers 3

Research short papers (Service issues)

Chair: RCGP Officer

- GP and case manager perspectives of collaborative care: a qualitative study – Nia W. Coupe, University of Manchester
- The ProCEED TRIAL: a randomised controlled trial of structured pro-active practice nurse led care for patients with chronic or recurrent depression in primary care – Marta Buszewicz, University College London
- Triggers for Referrals – Are they different for General Practitioners working in deprived compared with affluent areas of Sheffield? – Liz Walton, University of Sheffield
- Improving the performance of receptionists in primary care: Is it simply a matter of more training? – Jonathan Hammond, University of Liverpool

C8
Sustainability

'Greening' your practice: cutting carbon, cutting costs

Chair: Dr Tim Ballard, RCGP Sustainability Lead

- Dr Trevor Thompson, Academic Unit of Primary Care, University of Bristol
- Dr David Pencheon, NHS SDU
- Dr David Pearson, Academic Unit of Primary Care University of Leeds
- Rachel Stancliffe, Director, The Centre for Sustainable Healthcare
- Dr Jienchi Dorward, Tower Hamlets VTS

This session will look at realigning priorities: how to improve patient engagement, reduce demand, cut costs and ensure a sustainable future. There will be an examination of newer and better models of care. We will explore how GP Practices can engage with the sustainability agenda to reduce CO2 emissions and cut costs through practical advice and discussion. We will explore innovative models of service provision, share practical tips on the 'low hanging fruit' of improving energy efficiency and go through a toolkit to help primary care teams to implement energy efficiency and carbon reduction plans.



Concurrent streams programme

FRIDAY 21 OCTOBER

11.50–12.50

CONCURRENT STREAMS D

D1
Clinical

Respiratory update

Chair: Dr Steve Holmes, Vice-Chair, PDB; Co-chair of IMPRESS, BTS/PCRS-UK collaborative

- **The acutely breathless patient** – Dr Iain Small, Chair, Primary Care Respiratory Society UK
- **Managing COPD – the wider context** – Dr Kevin Gruffyd-Jones, RCGP Clinical Champion for Respiratory Disease

The first speaker will cover a pragmatic update on management of the acutely breathless patient, highlighting appropriate history, examination, investigations and management, and noting both common pitfalls and quality tips. The second speaker will focus on COPD and cover a brief overview of respiratory management but focus on wider care aspects, including the common co-morbidities associated with COPD. This session will be a clinical update designed to allow the GP/clinician to pick up tips and recent changes in respiratory care guidelines.

D2
Education

Equity and transparency in assessment

Chair: Prof. Simon Gregory, Postgraduate Dean, East of England, and GP, Northampton

- **How consultation models can help and hinder trainees trying to pass the CSA** – Dr Mike Deighan, Head of School, West Midlands Deanery
- **The CSA Examination perspective** – Dr Mike Bewick, Chair, RCGP Examination Board

D3
Research

Making a difference: research papers that change patient care

Chair: Prof. Helen Lester, Chair SAPC, Chair RCGP CIRC, Professor of Primary Care, Health Sciences Group – Primary Care, University of Manchester

The 3–4 best papers presented at the Society of Academic Primary Care conference that have real value to frontline GPs. To be announced in June.

D4
General Practice Foundation

Care Quality Commission, QPA and PA

Chair: Fiona Dalziel, DL Practice Management Consultancy
Cynthia Bower, Chief Executive, CQC

Plus panel of speakers including: Dr John Warwick, Dr Robert Varnam, Prof. Nigel Sparrow

This workshop examines how the RCGP's own quality awards interface with the CQC's requirements. Delegates will be able to explore the benefits of undertaking Practice Accreditation or Quality Practice Award and how these dovetail with CQC assessment.

D5
Patient

What can be learned from 'revolving door' patients in general practice?

Chair: Antony Chuter, Chair, PPG and Dr Mary Selby, GP, Suffolk
Dr Andrea Williamson, GP and Clinical University Teacher, Centre of Population Health Sciences, College of Medical, Veterinary and Life Sciences, University of Glasgow

Participants will explore vignettes of patients who were described in a study of 'revolving door' patients in general practice. They represent patients with whom primary care clinicians find it difficult to form a positive therapeutic relationship. Theories from sociology and psychology will be discussed, bringing in a range of perspectives that might help clinicians understand better this challenging area of clinical practice.

D6
Clinical

Doctors, vulnerable adults and emergency situations

Chair: Dr Matthew Hoghton, RCGP Clinical Champion for Learning Disability

- Jane O'Brien, Assistant Director, Standards & Fitness to Practise, GMC
- Yael Bradbury-Birrell, Standards & Ethics Policy Adviser, GMC

Primary care focus on assessment of capacity in learning disability. Some clinical scenarios will be presented: a) Friday night home visit to a patient with Down's syndrome in a care home; b) OOH visit for a GP registrar to patient with LD at home; c) tips for assessing the acutely ill patient; d) tips and toolkit for assessing capacity.

D7
Short papers 4

Clinical short papers

Chair: RCGP Officer

- **Simple intervention to improve detection of hepatitis B and hepatitis C in general practice** – Zaynab Al-Lami, Birmingham
- **What are the needs of people living with osteoarthritis in the community?** – Jo Cumming, Arthritis Care
- **Development & validation of a short family history screening tool for chronic disease prevention in primary care** – Fiona Walter, University of Cambridge
- **Investigation and treatment of carpal tunnel syndrome in one visit - results of an accelerated clinical pathway** – Catherine Ball, Imperial College London

D8
Commissioning

How do we ensure the decisions we make as commissioners and clinicians truly represent the populations and people we serve, and deliver improved patient outcomes sustainably?

Chair: MPS

- **Variation – good and bad?** – Prof. Robert Harris, Director of Commissioning, Performance & QIPP, NHS East of England
- **Shared decision making – 'no decision about me without me'** – Dr Steven Laitner, GP and National Clinical Lead for Shared Decision Making, Quality and Productivity, Department of Health
- **Culture disruptors – Patient decision aids and personal health plans** – Dr Alan Nye, Associate Medical Director, NHS Direct and GP Principal, Lancashire

This session will look at the 'NHS Atlas of Variation' and how to ensure patients follow best-practice pathways and are empowered to make informed choices. We will also discuss the role of shared decision making in tackling health inequalities and how it can help improve the quality and outcomes for GP commissioning in the new NHS.



Concurrent streams programme

2.00–3.00

CONCURRENT STREAMS E

E1 Clinical

Removing the blindfold and handcuffs: HIV and general practice

Chair: Antony Chuter, Chair, PPG

- **Benefits of early diagnosis** – Dr Philippa Matthews, GP, King's Cross
- **HIV screening for newly registered patients: results of a screening pilot** – Ruth Hutt, Consultant in Public Health, Lewisham
- **Interventions to increase opportunistic and diagnostic testing** – Judith Mullineux, SHIP Co-ordinator, Birmingham
- **SHIP GP HIV testing rates in Haringey** – Timesh Pillay, medical student, UCL, collator of SHIP HIV testing data
- **Living with HIV** – HIV service user

Around a quarter of people infected with HIV in the UK are undiagnosed. Late diagnosis of HIV is associated with increased costs, morbidity and mortality. On the other hand, with timely diagnosis, the prognosis for those with HIV is excellent: comparable with that of diabetes. And yet even in areas with a high prevalence of HIV, some practices do no HIV tests at all. The single biggest risk to an HIV positive patient is not being diagnosed.

In this session we will explore the barriers to HIV testing in general practice and potential solutions will be discussed. There will be an opportunity for discussion with the panel of speakers.

E2 Policy

Urgent care and out of hours: getting it right

Chair: Dr Agnelo Fernandes, Acute Care Lead, RCGP

- **Using the urgent care audit toolkit to improve quality and productivity** – Dr Simon Abrahams, Medical Director, Urgent Care 24
- **Organising safer out of hours services** – Dr Ed Garratt, Deputy Director of Commissioning Development, East of England SHA
- **What is NHS 111 doing?** – Dr Nick Morton, GP & Associate Director Clinical Services, East of England Ambulance Service & Dr Peter Fox, Medical Director, NHS Pathways tbc

Patients presenting with an urgent care need should expect a consistent clinical assessment wherever and whenever they present to the NHS. A developmental approach with routine systematic clinical audit of the interactions with patients coupled with performance management promotes a safer, higher quality service with better workforce productivity. Both providers and commissioners need to have checks and balances in place for greater efficiency and effectiveness with better monitoring systems. Sometimes it is only when things go wrong that lessons can be learned from reviewing the service provision in greater depth. Nevertheless, to enable patients to navigate the complex NHS urgent care system a single point of access using the right tools can potentially ensure that patients with urgent care needs can be directed to the right professional, in the right service, at the right time. To achieve this, up to date information needs to be available in the service directories being used to direct patients based on clinical need.

E3 Research

Increasing equity of access to primary care mental health

Co-chairs: Prof. Christopher Dowrick, Professor of Primary Medical Care, University of Liverpool and Prof. Carolyn Chew-Graham, GP, Professor of Primary Care, University of Manchester and Co-Chair, Primary Care Mental Health Forum

- **Rationale and implementation of a new model of care** – Prof. Christopher Dowrick, Professor of Primary Medical Care, University of Liverpool and Prof. Linda Gask, Professor of Primary Care Psychiatry, NPCRDC, University of Manchester
- **Clinical and policy implications for the Big Society and commissioning** – Prof. Carolyn Chew-Graham, GP, Professor of Primary Care, University of Manchester and Co-Chair, Primary Care Mental Health Forum, Prof. Mark Gabbay, Professor of Health Services Research, University of Liverpool and Dr Iona Heath, President, RCGP
- **What can a GP offer to children and young people with common mental health problems? Evaluation of an innovative early intervention project** – Jane Roberts, University of Sunderland

There is now good evidence to support the provision of high-quality mental health care in primary care. In practice, implementation is patchy, and patients from marginalised groups may not access appropriate care. AMP is an NIHR-funded R&D programme that is testing a new model of mental health care designed to increase equity of access, involving community engagement, primary care team development and culturally sensitive psychosocial interventions. This session will also include the views of frontline practitioners.

E4 International

Combining general practice and international work: Who, when, what, where and how?

Chair: Dr Luisa Pettigrew, First5 GP, RCGP Junior International Committee

- **EU2: Ethics and you in the European Union. An Out of Programme Experience in Italy** – Dr Anna Romito, AiT
- **Combining UK GP work and work in Uganda and Cambodia** – Dr Chris Smith, First5 GP
- **Insight into experiences as a host and visitor on the Hippocrates Exchange Programme** – Dr Caitlin Chasser, AiT
- **Is it my job as a health worker to make the world a fairer place?** – Dr Greg Irving, First5 GP

The session will give an insight into the diverse ways that a GP can use their skills abroad. Each speaker will reflect particularly on:

- How well being a GP in the UK prepares for international work
- Particular skills, competencies and knowledge gained from doing international work
- Transferability of skills, competencies and knowledge back to UK GP work

There will then be an opportunity to ask the panel questions about their experience. The aim is to inspire doctors of all levels to consider using their skills in a new way. In particular the talk is aimed at AiTs and First 5 GPs who would like to learn about international opportunities, through examples of other AiTs and First 5 GPs.

E5 Quality

Quality Health Informatics and its role in modern primary care

Chair: Dr Bob Milne, Health Informatics Group

- **How to harness public interest** – Tom Steinberg, mySociety
- **Technobabble: how to master the web and technology for yourself and your practice** – Dr Hussain Gandhi, York
- **Effective information sharing and good practice** – Health Informatics Group, RCGP

This aims to be a really exciting hour addressing current and future roles for clinical informatics in primary care. Following three short presentations, the majority of the session will be as interactive as possible with lots of opportunity for delegates to explore all these areas and more.

E6 Revalidation

Revalidation Update

Chair: Prof. Mike Pringle, Head of RCGP Revalidation and Professor, Division of Primary Care, University of Nottingham
Revalidation e-Portfolio fit for purpose? – Dr Lisa Argent, Clinical Lead for RCGP Revalidation ePortfolio
 Revalidation will probably start at the end of 2012. The RCGP has been actively supporting GPs preparing for revalidation. This session will explore the supporting information that you'll be expected to provide and the best way to collect it using the RCGP ePortfolio.

E7 Short papers 5

Audit short papers

Chair: RCGP Officer

- **Recognising diversity and reducing variation: Experience of developing primary care through a balanced scorecard and future lessons for GP Consortia** – Christopher Mirmagh, NHS Knowsley
- **Do innovative training posts combining Obstetrics and Gynaecology, General Practice, Sexual Health and Family Planning enable GP trainees to better achieve the competencies of the RCGP curriculum than traditional Obstetrics and Gynaecology posts?** – Jill Louise Davies, Tregenna Group Practice
- **Are we monitoring patients with inflammatory arthritis for cardiovascular (CVS) risk factors? An audit of consecutive patients attending a Rheumatology Department** – Anupama Nandagudi, Royal London Hospital
- **An audit into the effectiveness of primary care for men who have erectile dysfunction as a result of diabetes** – Lior Levy, University of Manchester

E8 Diversity

A denial of care? Primary health care for vulnerable migrants

Chair: Dr Gilles de Wildt, Trustee of Medact and member of Health Inequalities Standing Group, RCGP
 Speakers will draw on expertise from: GPs working in settings dedicated to vulnerable migrants, the Medical Foundation for the Care of Victims of Torture, Medical Justice, the Refugee Health Network/Medact.

This workshop aims to assist GPs in delivering care to and addressing the particular health and access needs of vulnerable migrants including refugees, refused asylum seekers and victims of trafficking among others. After the session, participants will be better equipped to deliver high-quality care to this diverse and complex patient group.

- During the session, we will:
- review the specific health needs – including mental health – of this group
 - discuss access and entitlement to health care and current best practice
 - inform GPs of practical issues in providing care and support
 - share experiences of key UK organisations
 - discuss implications of the proposed GP commissioning consortia
 - share ideas for supporting refugee and asylum seekers in detention with a focus on documenting evidence of torture and persecution

2.00–4.45

WORKSHOP STREAM

W2

Improving quality through modular Quality Practice Award

Chair: Fiona Dalziel, DL Practice Management Consultancy
 Speakers: Dr Ken McLean and Dr John Warwick, Co-chairs of QPA
 Quality Practice Award (QPA) by the modular route is achievable for many practices. This workshop will describe the process and then give delegates the opportunity to discuss in detail the criteria that must be met to achieve the award. Numbers limited to 30. Book early.



Concurrent streams programme

3.45–4.45

CONCURRENT STREAMS F

F1
Clinical

Medically unexplained symptoms. A 'medical Rubik's cube' – unlocking the needs and secrets of our patients

Chair: Dr Neil Deuchar, GP trained, SHA Medical Director and Consultant Psychiatrist

Speakers include: Drs Ross Bryson, Anand Chitnis and Paul Turner, GPs in Birmingham/Solihull

This interactive seminar with case discussions will explore how we can address medically unexplained symptoms and spiritual needs more effectively. The overall aim is to help general practice to provide a more holistic approach to health care for one in five of our consulting population, i.e. people presenting with symptoms that may not be explained medically. It should be of interest to anyone who sees patients or commissions care, and who is curious to learn more about holistic health care, and in particular 'talking therapies'. Everyone attending the session will receive a copy of the MUS guidance.

F2
Education

CPD from first 5 to last 5 – changing times

Co-chairs: Dr Steve Holmes, Vice Chair, PDB, Co-Chair, IMPREFF, BTF/PCRS-UK Collaborative and Prof. Nigel Sparrow, Chair, Professional Development Board, RCGP

- The first 5 years – Dr Clare Taylor, First5 CPD Fellow
- The 'New Cappuccino Years' – Dr Ben Riley, RCGP Medical Director for e-Learning
- The last 5 (sunset) years – Dr Arthur Hibble, Retired GP

This session is aimed at appealing to educators who are looking to support their colleagues throughout their post-specialist training professional career. There will be three brief presentations looking at particular issues in the first 5 years and the educational demands and opportunities that are and should be available to support this phase in a doctor's career. The New Cappuccino Years covers that longer period of professional practice when the GP remains in practice, needs to keep up to date and to develop – the session will discuss effectiveness of traditional methods and highlight some newer areas of educational provision. The last 5 years will be a discussion of the needs of the doctor planning his or her professional exit from being a GP, the demands, opportunities and educational recommendations for future provision.

F3
Policy

Inequalities and inverse care

Chair: Prof. Una Macleod, Health Inequalities Standing Group, RCGP

- Prof. Graham Watt, University of Glasgow, Petra Sambale and Peter Cawston, GPs, The Deep End Project
 - Dr Gilles de Wildt, Health Inequalities Standing Group, RCGP
- This session will look at health inequalities based on the experience and views of GPs working in severely deprived areas in the UK. The Scottish Deep End project will present a variety of its projects and examine how to address primary care issues in deprived areas, but also how to engage large numbers of practices and link with NHS policy and management. Reflecting on these findings, a best and worst case scenario of the impact of the NHS changes in England will be presented, seeking to identify ways to ensure that the Inverse Care Law is not exaggerated by such changes.

F4
General Practice Foundation

Using the team to manage obesity

Chair: Jenny Aston, GPF Nursing Group

Jane DeVillie-Almond, Independent Consultant, Vice-Chair, National Obesity Forum

The recent government white paper outlines a radical shift in the way we tackle public health challenges. It states we have to be bold in our approach! Britain is now the most obese nation in Europe and a recent study suggests that, unless we act now, obesity will bankrupt the NHS by 2025. So how can general practice teams tackle obesity and who should be commissioned to run 'weight loss services'? There is a need to realise that care pathways, protocols, NICE guidelines, obesity toolkits and all the other reports that have been published will not do the job. General practice needs to act and ensure that these appropriate services are commissioned and provided to address this growing crisis. The session will give the attendees the opportunity to examine their current practice, learn what works and what doesn't from other pilot projects around the country, and examine who might be most cost-effective to run such services.

F5
Patient

Involuntary addiction

Chair: Antony Chuter, Chair, PPG and Dr Mary Selby, GP, Suffolk

- GP, RCGP Substance Misuse and Associated Health Unit
- This session will hear personal accounts of involuntary addiction to tranquilizers, pain killers and 'Z' drugs.

The open debate will discuss where is the GP's role in prevention within current prescribing methodologies.

F6
AIT

Through the otoscope

Hosted by: Prof. David Haslam

'Who works in a job like this? David it's over to you ...' This session will take a fun look at the wide and diverse nature of GP careers. David Haslam will interview a variety of GPs who have taken a very alternative career path and delve into how (and why) they have chosen their paths.

F7
Short papers 6

Clinical short-papers

Chair: RCGP Officer

- Health checks for people with learning disability: a comparison between views and experiences of patients and health professionals – Umesh Chauhan, University of Manchester
- Alder Hey rapid access clinics: Experience of delivering unplanned secondary paediatric care in planned way – Margaret O'Connor, Alder Hey Children's Hospital
- Identification pre-school children at risk of poisoning injury using routinely recorded primary care data – Elizabeth Orton, University of Nottingham
- Does BCG vaccination protect against development of asthma only in young children? – Mary Linehan, University of Manchester

F8
HOT TOPIC

To be announced nearer the conference

Conference programme

SATURDAY 22 OCTOBER

9.30–10.30

CONCURRENT STREAMS G

G1
 Clinical

NICE Updates in 5 minutes

Chair

Dr Norma O'Flynn and Dr Greg Irving First5 GP

An update on evidenced-based guidelines covering recent NICE and Sign guidelines.

G2
 Education

CPD needs of Medical Educators

Chair: *Dr Barry Lewis, COGPED*

■ *Dr Sarah Whiteman, Chair, RCGP MEG*

■ *Prof. Simon Gregory, Postgraduate Dean, East of England, and GP, Northampton*

General practice education has a history of a professional, academic approach including new trainers' and tutors' courses and latterly many people have studied for PG Cert and above. But how do we keep up to date as educators and how do we demonstrate this? This session will use a workshop format to explore GP educators' learning needs. The participants themselves along with the facilitators will share approaches and resources. We will finish with a gap analysis looking at what needs are not met and how the RCGP Medical Educators' Group working with universities and deaneries can meet these needs. Please come prepared to discuss the educator elements of your PDP and how we can help you develop as an educator.

G3
 Sponsors' session

To be confirmed

G4
 Policy

Building a healthy practice environment – Insights into a healthy organisation

Co-chairs: *Prof Nigel Sparrow and Sandy Gower, General Practice Foundation*

A healthy organisation: what does it look like? Creating a healthy workforce: how to prevent stress and burnout and promoting practitioner health. This workshop will be presented by *Dr Rhona Knight*, Clinical Lead for the RCGP Health for Healthcare Professionals pilot and *Prof. Derek Mowbray*, founder and director of the Management Advisory Service and Organisation Health and leading authority on preventing stress in the workplace, currently working on the new Code of Conduct for Healthcare Management.

G5
 General Practice Foundation

Retirement and performance

Chair: *Fiona Dalziel, DL Practice Management Consultancy Hilary Haman, Independent Management Adviser and Trainer in Primary Health Care, Cardiff*

The abolition of the default retirement age means that all practices need a comprehensive understanding of performance management techniques and how to apply them fairly for all staff. This workshop will give anyone involved in staff management a valuable opportunity to explore what should be in a policy and potential pitfalls.

G6
 Clinical

Approach to allergy in primary care

Co-chairs: *Dr Elizabeth Angier, Clinical Assistant, Department of Immunology and Allergy, Northern General Hospital, Sheffield, and Dr William Egner, Consultant Immunologist, Director, UK National External Quality Assessment Service in Immunology, Immunochemistry and Allergy*

■ **Food allergy** – *Prof. Helen Smith, Chair of Primary Care, Brighton & Sussex Medical School, RCGP Clinical Champion for Allergy*

■ **Anaphylaxis** – *Prof. Aziz Sheikh, Primary Care Research & Development, University of Edinburgh, RCGP Clinical Champion for Allergy*

Allergy in a nutshell. The cornerstone of diagnosis is taking a good history. The RCGP Clinical Champions will be discussing food allergy – What questions to ask? What tests to do? When to refer? This will adapt the recent NICE guidance and RCPCH to pathways to primary care. They will also be looking at anaphylaxis: diagnosis, management, when to prescribe an adrenaline autoinjector and how to use it.

G7
 AiT

CSA uncovered

Dr Pauline Foreman and Dr Mary Selby, RCGP CSA examiners

This session will recreate a mock CSA assessment with real CSA Examiners. A unique opportunity to find out what skills the assessors are looking for when marking this assessment.

G8
 Short papers 7

Research short papers

Chair: *RCGP Officer*

■ **NHS Health Checks: the patient's perspective** – *Kate Hill, University of Leeds*

■ **The UK national guidelines for HIV testing: Lessons from one general practice** – *Paul Arkell, West Midlands Deanery*

■ **The MoleMate Trial: an RCT of a novel diagnostic aid for the management of pigmented skin lesions in primary care** – *Fiona Walter, University of Cambridge*

■ **Stakeholders' Perceptions of Methadone Diversion and their Responses to it** – *Helen Baldwin, Liverpool John Moores University*

Who should attend?

- Academics
- Academic clinical fellows
- Associate directors
- Associates-in-Training (AiTs)
- Consultant GPs
- Family physicians
- GPs
- GP managers
- GP partners
- GP principals
- GP trainers
- Locums
- Lecturers and professors
- Medical advisers
- Medical directors
- Medical educators
- Newly qualified GPs (First5)
- Nurse practitioners
- Practice managers
- Practice nurses
- Primary care facilitators
- Physician assistants
- Researchers

Conference information



Sponsors' symposia

Thursday 1.10



Patient care pathways for pain in osteoarthritis

Prof. Richard Langford, President, British Pain Society, Consultant in Anaesthesia and Pain Medicine, Bart's and The London NHS Trust & Dr Martin Johnson, RCGP Clinical Champion for Chronic Pain

Friday 12.50



Is there enough evidence to recommend probiotics in IBS

Speakers tbc

Friday 12.50



Eczema and acne: a primary care update

Dr Stephen Kownacki, Executive Chairman, Primary Care Dermatology Society



Poster presentations

Poster displays offer a more informal setting in which to learn about a wide variety of scientific, research, clinical and education projects and service developments. They provide an excellent opportunity for delegates to showcase their own work and to shape the conference agenda.



CALL FOR POSTERS

Advantages of posters:

- high acceptance rate of abstract submission
- long exposure time during the event
- useful for sharing interim findings
- good for disseminating project information
- non-threatening for first-time presenters
- inexpensive and easy
- good focus for discussion
- abstracts are published.

We also invite overseas submissions and examples of UK GPs working abroad.

There are three types of poster submissions:

- Practice/Project
- Audit
- Research

Word limit: 250.

Abstracts will be peer reviewed and authors will be contacted in September.

Accepted authors will be required to register in full to attend and present their poster at the conference. Prizes for the best research, audit and clinical/practice posters will be awarded at the conference.

ABSTRACTS SHOULD BE SUBMITTED ONLINE BY 8 AUGUST 2011

www.rcgp.org.uk/annualconference

Conference information

Workshops – places limited so book early

Vasco da Gama

Vasco da Gama International Primary Care exchange workshop for international delegates and hosts. RCGP Junior International Committee.

BLS Training

A 2-hour CPR and resuscitation certified course including defibrillation operated by Aid Training. Inclusive of CPD certificates and comprehensive training manuals. Limited places; advance booking essential.

QPA modular workshop

Half-day prebookable workshop. 30 places available.

Writing and reviewing papers for the British Journal of General Practice

Workshop with Prof. Roger Jones, Editor BJGP. 30 places available.



Fringes, forums and supplements

Thursday evening

■ AiT supplement

WPBA: Seeing the bigger picture

Dr Amar Rughani, RCGP examiner and Blueprint Clinical Leader
Workplace assessment is a radically different component of the MRCGP that tests performance in real-life situations. It can test the whole range of the curriculum, but many trainees find it difficult to see how the assessments are relevant, how they connect to CSA and AKT, and, most importantly, how they can help them become better GPs. In this session, we illustrate these connections by describing, very simply, the 'big picture' of medical competence and then discussing how the assessments help us to achieve global competence. A word of advice: this will be an interactive session!

■ First5 supplement

Leadership

Fiona Dalziel, DL Practice Management Consultancy
This interactive workshop will cover the key leadership skills relevant to GPs in their first five years after training.

■ Rural Forum supplement and AGM

Review the Forum achievements and plan for the coming year. Don't miss the opportunity to get involved and influence how the Rural Forum can achieve both the College's and your objectives for rural health care.

■ NHS Connecting for health

Summary Care Record Programme.

■ RCGP Faculty discussion forum and networking event

Friday evening

■ Support for carers

A modern, multi-pronged educational programme for the whole practice team – Carers come from every background and face a diverse range of problems relating to age, gender, ethnicity, economic and cultural issues. This meeting will include discussion of the diverse problems that carers face and why these have relevance in primary care, and share ways in which primary care teams identify carers, involve them in patient care, and address carers' needs. This meeting will build on the successful programme of RCGP-led educational workshops and will highlight other work that the RCGP is doing in this field to enable all the professionals in the healthcare team to support Carers. Attendees will receive examples of educational resources tailored for the range of primary care team members, from GPs in training (AiTs) to experienced GPs, practice nurses and managers.

Prof. Nigel Sparrow, Chair, RCGP Professional Development Board, Dr Chantal Simon, Clinical Lead, Supporting Carers National Pilot, Dr Elizabeth Muir, GP and member HISG, Mrs Judith Cameron, Journalist and Carer, Dr Ben Riley, Dr Moira Fraser, Director of Policy, The Princess Royal Trust for Carers, Christine Slatcher, Hampshire Development Worker Include Project, The Children's Society

■ Marie Stopes

More information to follow on RCGP website.

■ Substance Misuse and Associated Health Unit

More information to follow on RCGP website.

■ GP Futures

A whole system simulation of NHS Reforms [to scope training needs in primary care]

The results of an RCGP sponsored simulation exercise that modelled the Government's proposed changes to the NHS in England will be presented. The session will explore the associated risks and benefits of the changes; and how education training programmes for all GPs – and the wider primary care workforce – can be tailored to meet the challenges of the future. The session is designed to achieve a high degree of audience participation!

Other activities

Site visit – New Health Service for Liverpool shared record project.

Round table discussion groups – an informal opportunity to set up your own discussion on any topic.

New Members' Ceremony

Essential Commissioning Update Conference –

Weds 19 October – see RCGP website for additional information.

Medical Educators' Group Conference – Weds 19 October –

see RCGP website for additional information.

Please check the website for updates of the fringe and workshops programmes